

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	East Dr	2.2
R	2.2	Exit park and turn left onto W. 110th St.	0.9
R	3.1	Riverside Dr	2.3
R	5.4	W. 155th St. and bear left.	0.2
L	5.6	At 158th St., take 3rd left uphill on Riverside Dr	0.3
R	5.9	W 162nd St	0.1
L	6.0	Fort Washington Ave	0.8
L	6.8	W 179th St	0.0
BR	6.9	TRO W 179th St	0.1
BR	6.9	Cabrini Blvd	0.1
QL	7.0	at W 180th St, follow to GW Bridge north bike path	1.4
R	8.4	Hudson Terrace	1.9
L	10.3	E Palisade Ave	0.4
R	10.7	Summit St	0.7
L	11.4	Lyncrest Rd	0.4
R	11.8	N Woodland St	1.0
R	12.8	Kent Rd	0.2
L	13.0	E Clinton Ave	1.0
R	14.0	Depeyster Ave	0.4
L	14.5	Highwood Ave	0.1
R	14.6	Park St	0.2
L	14.8	Hudson Ave	0.4
R	15.3	County Rd/CR-501	1.2
S	16.5	Straight on Anderson Ave. (County Rd. turns left)	0.5
L	17.0	Hardenburgh Ave	2.0
R	18.9	Schraalenburgh Rd	1.9
BL	20.9	TRO Schraalenburgh Rd ⇒ Lafayette	1.2
L	22.0	Blanch Ave ⇒ Cripplebush ⇒ Washington	1.3
R	23.3	Old Tappan Rd	0.9
L	24.2	Dewolf Rd ⇒ Orangeburgh ⇒ Blaisdell	1.7
L	26.0	W Orangeburg Rd/Veterans Memorial Dr.	1.0
L	27.0	Blue Hill Rd S ⇒ Orangeburgh Rd	0.7
R	27.7	Blue Hill Rd	0.6
R	28.3	N Middletown Rd	0.0

Go	At	On	For
QL	28.3	E Grand Ave	1.1
L	29.4	Mill Rd ⇒ Mill Ln	0.4
L	29.9	Pascack Rd	0.7
L	30.5	Hillside Ave	0.0
QL	30.6	into historic site. Tour barn. Return to Pascack Rd.	0.1
QR	30.6	Pascack Rd	0.5
R	31.1	Park Ave	0.4
PIT	31.6	Lunch at Park Ridge Diner, then continue in same direction on Park Ave.	1.1
L	32.6	Prospect Ave	0.9
R	33.5	Rivervale Rd	0.1
L	33.6	Poplar Rd ⇒ Washington	1.4
L	35.1	Old Tappan Rd	0.6
R	35.7	Central Ave ⇒ Broadway	3.2
R	38.8	Piermont Rd	2.8
BR	41.7	Piermont Rd	1.3
L	43.0	Hudson Ave	0.2
R	43.2	County Rd	0.7
L	43.9	E Clinton Ave	0.1
QR	44.0	Dean Dr	0.9
L	44.9	E Ivy Ln ⇒ E. Hudson	0.5
R	45.4	Elkwood Terrace	0.1
QL	45.5	Lydecker St	0.1
R	45.6	TRO Lydecker St	0.2
L	45.9	Jog left/right across Glenwood Rd TRO Lydecker <i>blind intersection USE CAUTION</i>	0.6
L	46.5	Walnut St	0.6
L	47.0	N Woodland St	0.1
R	47.1	Pershing Ave	0.3
R	47.4	Summit St	0.3
L	47.8	E Palisade Ave	0.4
R	48.2	Hudson Terrace	1.9
L	50.1	north bike path of GW Bridge	1.4
S	51.5	W 180th St	0.1
R	51.6	Fort Washington Ave	0.7
R	52.3	W 165th St	0.1
QL	52.4	Riverside Dr	4.9
L	57.3	W 72nd St	0.6
S	57.9	Enter park, bear right down hill	0.1

Go	At	On	For
BL	58.0	onto Terrace Dr	0.4
L	58.4	Sharp left onto East Dr	0.1
	58.5	End of route	