

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	East Dr	2.2
<b>R</b>	2.2	Exit park, then left on 110th St.	0.2
<b>S</b>	2.4	@ Circle, take the 2nd exit onto W 110th St/Cathedral Pkwy	0.7
<b>R</b>	3.1	Riverside Dr	2.3
<b>R</b>	5.4	W. 155th St. then bear left up Riverside Dr.	0.2
<b>L</b>	5.6	At 158th St., take 3rd left uphill TRO Riverside Dr	0.3
<b>R</b>	5.9	W 162nd St	0.1
<b>L</b>	6.0	Fort Washington Ave	0.8
<b>L</b>	6.8	W 179th St and stay far right	0.1
<b>BR</b>	6.9	Cabrini Blvd	0.1
<b>QL</b>	7.0	at W 180th St onto GWB North Walk	1.4
<b>R</b>	8.4	Hudson Terrace	1.5
<b>R</b>	9.9	Allison Park Rd	0.0
<b>QR</b>	9.9	TRO Allison Park Rd	0.3
<b>PIT</b>	10.2	Pit stop at Allison Park	0.3
<b>L</b>	10.6	TRO Allison Park Rd	0.0
<b>QR</b>	10.6	Hudson Terrace	0.5
<b>L</b>	11.1	E Palisade Ave	0.4
<b>R</b>	11.5	Summit St	0.7
<b>L</b>	12.2	Lyncrest Rd	0.4
<b>R</b>	12.5	N Woodland St	1.0
<b>R</b>	13.6	Kent Rd	0.2
<b>L</b>	13.8	E Clinton Ave	1.0
<b>R</b>	14.8	Depeyster Ave	0.4
<b>L</b>	15.2	Highwood Ave	0.1
<b>R</b>	15.4	Park St	0.2
<b>L</b>	15.6	Hudson Ave	0.4
<b>R</b>	16.0	County Rd	1.2
<b>S</b>	17.2	on Anderson Ave (County Rd. turns left)	1.4
<b>L</b>	18.6	Alpine Dr	0.8
<b>R</b>	19.4	Piermont Rd	3.3
<b>L</b>	22.8	Oak Tree Rd	0.6
<b>R</b>	23.4	Joseph B. Clarke Rail-Trail	1.0
<b>R</b>	24.4	William St	0.2
<b>S</b>	24.6	Ferdon Ave	0.8
<b>R</b>	25.4	Paradise Ave ⇒ Ferry Rd.	0.2

Go	At	On	For
<b>R</b>	25.7	TRO Ferry Rd	0.1
<b>PIT</b>	25.7	Lunch at Goswick Pavillion. Then return on Ferry	0.1
<b>QL</b>	25.8	TRO Ferry Rd	0.0
<b>S</b>	25.9	Paradise Ave	0.2
<b>L</b>	26.0	Ferdon Ave	0.8
<b>L</b>	26.9	NY-340 ⇒ NJ-501/Piermont Rd.	5.8
<b>S</b>	32.7	Piermont Rd (County Rd. goes left)	1.3
<b>L</b>	34.0	Hudson Ave	0.2
<b>R</b>	34.2	County Rd	0.7
<b>L</b>	34.9	E Clinton Ave	0.1
<b>QR</b>	35.0	Dean Dr	0.9
<b>L</b>	35.9	E Ivy Ln ⇒ E. Hudson	0.5
<b>R</b>	36.4	Elkwood Terrace	0.1
<b>QL</b>	36.5	Lydecker St	0.1
<b>R</b>	36.6	TRO Lydecker St	0.2
<b>L</b>	36.9	Jog left/right across Glenwood Rd TRO Lydecker	0.5
<b>L</b>	37.3	Cedar St	0.2
<b>R</b>	37.5	Brayton St	0.1
<b>L</b>	37.7	Walnut St	0.3
<b>L</b>	38.0	N Woodland St	0.1
<b>R</b>	38.1	Pershing Ave	0.3
<b>R</b>	38.4	Summit St	0.3
<b>L</b>	38.8	E Palisade Ave	0.4
<b>R</b>	39.2	Hudson Terrace	1.9
<b>L</b>	41.1	GWB North Walk	1.4
<b>S</b>	42.5	W 180th St	0.1
<b>R</b>	42.6	Fort Washington Ave	0.7
<b>R</b>	43.4	W 165th St	0.1
<b>QL</b>	43.5	Riverside Dr	3.9
<b>L</b>	47.4	W 90th St	0.7
<b>R</b>	48.0	West Dr	1.1
<b>L</b>	49.1	Terrace Dr	0.3
<b>L</b>	49.4	Sharp left onto East Dr	0.1
	49.6	End of route	