



Go	At	On	For
	0.0	Start of route	0.0
	0.0	233rd at Van Cortlandt Park <i>from terminus of #4 train follow Kimball to right on 233rd St</i>	0.0
QR	0.0	Van Cortlandt Park E	0.7
S	0.7	Kimball Ave	3.1
S	3.8	Bronxville Rd	0.2
R	4.0	Pondfield Rd W	0.1
L	4.1	Parkview Ave	1.0
S	5.1	Scarsdale Rd	2.3
BL	7.4	Lynwood Rd	0.2
R	7.7	Ardsley/ Popham Rd	0.2
L	7.9	Chase Rd	0.2
L	8.1	Crane Rd	0.1
QR	8.2	Fox Meadow Rd ⇒Walworth Ave ⇒ Fisher Ave	3.1
S	11.3	Bank St	0.3
R	11.6	Main St	0.4
R	11.9	Mamaroneck Ave	0.6
BL	12.5	TRO Mamaroneck Ave	2.5
L	15.0	Rosedale Ave	0.0
PIT	15.1	Deli on right	1.2
R	16.2	TR Turn right onto North St	0.3
L	16.6	Kenilworth Rd	1.3
R	17.8	Westchester Ave	0.4
L	18.2	Westerleigh Rd	0.1
S	18.3	Proceed thru triangle TRO West- erleigh	0.3
BL	18.6	TRO Westerleigh	0.5
L	19.1	Lincoln Ave	1.3
R	20.4	TR Turn right onto Anderson Hill Rd	1.0
L	21.4	TL Turn left onto King St	0.7
R	22.1	Sherwood Ave	1.0
L	23.1	TL Turn left onto Riversville Rd (climbing)	4.0
S	27.1	NY-433 N/N Greenwich Rd	0.7
L	27.8	Rt 22 south	1.0
R	28.9	Main St/Old Rte 22	0.3
PIT	29.2	LUNCH in Armonk	0.0
S	29.2	Continue on Main St. -⇒ Armonk- MtKisco Rd/ Rt 128 north	5.0

Go	At	On	For
BL	34.2	at triangle onto Lexington Avenue	0.1
L	34.4	Main Street, NY 117 <i>Caution, narrow shoulder, heavy traffic!</i>	4.6
L	38.9	Broadway, NY 141 <i>note: if to bail, follow 117 west to Pleasantville RR Station</i>	1.0
S	39.9	Franklin Avenue, NY 141	0.4
S	40.3	Commerce Street	0.9
S	41.3	(careful) uphill TRO Commerce Street (b/o nearby)	1.8
	43.0	cross Taconic Pkwy	0.0
	43.1	cross Metro North tracks	1.2
R	44.2	Right Turn onto Legion Drive	0.3
R	44.5	TR Turn right onto Grasslands Road/ Rt 100	1.0
L	45.6	NY-100A S/Knollwood Rd <i>Caution, heavy motor traffic!</i>	3.6
R	49.1	Ridge Road -⇒ Sprain Rd	2.0
R	51.2	TR Turn right onto Underhill Road	0.1
S	51.3	Sprain Rd	0.4
L	51.7	Sharp left onto Ardsley Rd (CAREFUL! Steep/Busy)	0.5
R	52.2	Sprain Valley Rd	0.8
L	53.0	TL Left Turn at Old Jackson Ave	0.0
QR	53.0	Grassy Sprain Rd	2.6
L	55.7	TL Turn left onto Tuckahoe Road <i>Caution, not bike friendly!</i>	0.5
R	56.1	Bronxville Road	0.9
S	57.0	Kimball Ave	0.2
L	57.2	Bronxville Rd	0.6
R	57.7	Turn slight right onto Midland Av- enue	2.4
R	60.2	Mc Lean Avenue	0.1
L	60.3	East 241st Street	0.3
L	60.6	Turn slight left onto Van Cortlandt Park East	0.6
R	61.2	TR Turn Right onto East 233rd Street	0.2
L	61.4	Jerome Avenue	0.9
R	62.3	W Gun Hill Rd	0.3
S	62.6	Cross Mosholu Parkway	0.0
QR	62.7	Mosholu Parkway Greenway	0.9

Go	At	On	For
R	63.6	After Golf House, turn onto Putnam Trail	0.0
S	63.6	Pass under blue trestle, follow trail west	0.2
S	63.8	Cross Broadway to 242nd	0.1
S	63.9	Manhattan College Pkwy	0.2
L	64.1	bike path (to the left of Waldo; stay off road!)	0.1
L	64.2	Irwin Ave	0.0
QL	64.2	Irwin Ave turns slightly left and becomes W 240th St	0.1
QR	64.3	Tibbett Ave	0.7
L	64.9	W 230th St	0.1
R	65.1	Marble Hill Ave	0.1
QR	65.2	W 228th St	0.1
S	65.2	Terrace View Ave	0.3
S	65.5	W 225th St	0.2
R	65.6	Broadway (over bridge - sidewalk)	0.2
R	65.8	Broadway (resume ride in street)	0.1
R	65.9	W 218th St	0.2
L	66.1	Seaman Ave	0.8
L	66.9	Left at triangle then bear to right	0.0
QR	66.9	Broadway, US 9	0.5
R	67.4	Bennett Avenue	0.7
L	68.1	West 181st Street	0.1
QR	68.2	Turn sharp right onto Broadway, US 9	0.2
L	68.3	Turn slight left onto Broadway	0.1
QR	68.4	West 177th Street	0.1
QL	68.5	Fort Washington Avenue	0.6
R	69.0	W 165th St	0.1
L	69.1	Riverside Dr	2.2
	71.3	Grant's Tomb	0.0
	71.4	End of route	