| Go | At | On | For |
|-----|------|--|-----|
| | 0.0 | Start of route | 0.0 |
| | 0.0 | Statue of Civic Virtue: Meet at North side of Queens Blvd and Union Turnpike | 0.0 |
| QR | 0.0 | 80th Ave/Grand Central Pkwy/Union Turnpike Service Road. | 2.4 |
| L | 2.5 | Midland Pkwy | 0.5 |
| L | 3.0 | 188th St | 0.3 |
| R | 3.3 | Union Turnpike | 3.1 |
| L | 6.4 | Commonwealth Blvd. | 1.0 |
| BL | 7.4 | Marathon Pkwy. | 0.4 |
| R | 7.8 | Horace Harding Expy service road | 4.3 |
| BR | 12.1 | to continue on Nassau Blvd/S Service Rd | 0.6 |
| PIT | 12.7 | Pit stop at Mobile Station | 2.2 |
| L | 15.0 | Wheatley Rd | 1.4 |
| L | 16.3 | TRO Wheatley Rd | 3.3 |
| R | 19.6 | Brookville Rd | 1.0 |
| L | 20.7 | Muttontown Rd- Muttontown Eastwoods Rd | 2.8 |
| BL | 23.5 | Cold Spring Rd | 0.4 |
| L | 23.9 | TRO Cold Spring Rd | 1.0 |
| R | 24.9 | Stillwell Ln | 1.6 |
| R | 26.5 | Harbor Rd | 0.3 |
| L | 26.8 | Woodbury Rd. ⇒ Pulaski Rd./CR- 11 | 6.4 |
| L | 33.2 | Stony Hollow Rd | 0.7 |
| R | 33.9 | TRO Stony Hollow Rd | 8.0 |
| R | 34.7 | Fort Salonga Rd/NY-25A | 0.6 |
| L | 35.3 | Woodbine Ave | 0.7 |
| R | 36.0 | Main St | 0.0 |
| PIT | 36.0 | Northport Village Grmt Delicatessen- Take and eat in Park. | 0.5 |
| L | 36.5 | Ocean Ave | 1.3 |
| R | 37.7 | Eatons Neck Rd | 0.4 |
| L | 38.2 | Waterside Road | 0.8 |
| R | 39.0 | Waterview Street West- Crab Meadow Park | 0.1 |
| | 39.0 | CRAB MEADOW BEACH: Swim/ Sunbathe in LI Sound | 0.1 |

| Go | At | On | For |
|-----|------|--|-----|
| L | 39.2 | Exit Park, left onto Waterside Road | 2.3 |
| S | 41.4 | Cross NY-25A onto Vernon Valley Rd | 1.3 |
| | 42.7 | BAILOUT: Northport LIRR: Right turn at Bellerose Ave | 0.1 |
| S | 42.8 | Larkfield Rd | 0.2 |
| R | 43.1 | Pulaski Rd/CR-11 | 5.0 |
| | 48.1 | BAILOUT POINT: HUNTINGTON LIRR: Right on NY AVE | 2.4 |
| S | 50.5 | Woodbury Rd | 1.3 |
| R | 51.7 | Syosset-Woodbury Rd | 1.4 |
| L | 53.1 | Cold Spring Rd | 0.4 |
| BR | 53.5 | Muttontown Eastwoods Rd | 1.5 |
| S | 55.1 | Muttontown Rd | 1.3 |
| R | 56.3 | Brookville Rd | 1.0 |
| L | 57.4 | Wheatley Rd | 3.3 |
| R | 60.7 | TRO Wheatley Rd | 1.3 |
| R | 62.0 | Old Westbury Rd | 2.2 |
| PIT | 64.2 | Dunkin Donuts in Mall across Mineola Ave. on Right | 0.2 |
| BL | 64.3 | TRO N. Service Rd. | 3.6 |
| BL | 67.9 | Fairway Dr: WATCH for CROSS-ING TRAFFIC | 8.0 |
| PIT | 68.7 | Starbucks in Mall on Right. | 0.4 |
| L | 69.1 | Marathon Pkwy | 0.4 |
| BR | 69.6 | Commonwealth Blvd | 1.0 |
| R | 70.6 | Union Turnpike | 0.5 |
| S | 71.1 | Union Turnpike | 2.6 |
| L | 73.7 | 188th St | 0.3 |
| R | 74.0 | Midland Pkwy | 1.0 |
| End | 75.0 | Hillside Ave: F Train to Manhattan | 0.0 |
| | 75.0 | End of route | |