Go	At	On	For
	0.0	Start of route	0.0
R	0.0	right, north, on Old Put Trailways Van Cortlandt Park golf and ten- nis access road, by Van Cortlandt Lake	0.4
S	0.4	Old Putnam Trail	0.4
BR	0.9	TRO Old Putnam Trail	0.0
S	0.9	under Mosholu Parkway overpass	0.6
S	1.5	Westchester County becomes South County Trailways	0.1
S	1.5	S County Trailway	0.3
S	1.9	Alan Shepard access	0.9
BR	2.8	TRO S County Trailway	1.6
S	4.4	cross Mile Square Rd	1.4
S	5.8	goes under Tuckahoe Rd over- pass	0.0
BL	5.8	S County Trailway (Old Put, Putnam Row)	3.9
S	9.8	Ardsley access	1.1
S	10.8	Woodsland Lake/ Macy Pond	2.6
S	13.4	Rt 119, Elmsford, get on Vreeland Ave to the right ⇒Hayes St Caution!	0.6
S	14.0	N Payne St	0.1
QL	14.1	turn left, stay on rough trail inside shoulder Rt 9A north/Saw Mill River Rd	0.1
L	14.2	Warehouse Lane	0.1
<u> </u>	14.3	Speed Bumps!	0.1
<u>^</u>	14.4	Speed Bumps!	0.1
QR	14.5	N County Trailway	1.8
S	16.3	Rt 100C/Neperan Rd access to bike path towards Tarrytown	3.3
S	19.6	goes under Rt 117 overpass	1.9
L	21.5	cross Rt 100, follow shoulder on northbound land	0.5
R	22.0	N County Trailway	1.6
R	23.6	NY-100 N, ride on shoulder	8.0
R	24.4	N County Trailway	0.3
BL	24.7	TRO N County Trailway	0.3
S	25.0	cross Rt 120 <i>Millwood</i>	1.9

Go	At	On	For
BR	26.9	TRO N County Trailway	0.0
S	26.9	goes under Rt 134 overpass	1.0
S	27.8	Bridge over New Croton Reservoir	0.0
S	27.9	Bridge over New Croton Reservoir	0.2
BR	28.1	TRO N County Trailway	0.0
S	28.1	cross Rt 118	1.0
S	29.1	N County Trailway	2.4
S	31.5	cross Commerce St Yorktown Heights	1.0
S	32.5	cross Rt 35/202	0.0
S	32.5	cross Rt 202/ Rt 35	4.3
S	36.8	Putnam Trailway	2.9
S	39.7	cross Croton Falls Rd	0.0
BR	39.7	TRO Putnam Trailway cross Croton Falls Rd	0.1
BL	39.8	TRO Putnam Trailway	0.7
L	40.5	exit Trailways: Over a 20 yard hard pack road that connects onto Lake Drive going north and up a shortâĂŤsteep hill Easy to miss	0.0
QR	40.6	Lake Dr	0.1
QL	40.7	Shear Hill Rd	1.4
L	42.0	US-6 W	0.2
R	42.2	Crane Rd	1.5
R	43.7	Dixon Rd	1.9
L	45.7	NY-301 W	0.5
R	46.1	Boyds Lake $Rd \Rightarrow E$ Boyds $Rd$	2.4
R	48.6	Nimham Rd	1.1
L	49.7	TRO Nimham Rd	8.0
L	50.5	Farmers Mills Rd	0.1
QR	50.6	Dean Rd ⇒ Leetown Rd	2.4
BL	53.0	Hosner Mountain Rd	0.3
BL	53.3	TRO Hosner Mountain Rd	0.4
R	53.7	TRO Hosner Mountain Rd	2.0
L	55.7	at Eltons Way	0.1
R	55.8	Brookside Rd ⇒ Hosner Mountain Rd	0.9
L	56.7	NY-52 W	0.7
R	57.3	NY-376 N	2.1
R	59.5	NY-82 N	0.1

Go	At	On	For
QL	59.6	NY-376 N	0.5
L	60.1	Dutchess Rail Trail	9.1
BL	69.2	TRO Dutchess Rail Trail	3.4
L	72.6	at Poughkeepsie Interlock- ing/Walkway Over the Hudson follow thru parking lot to Parker Ave	0.2
L	72.9	Washington St	0.0
QR	72.9	Verazzano Blvd/Washington St	0.0
S	72.9	N Bridge St	0.5
L	73.4	Davies PI	0.0
QR	73.4	Turn right, follow to Poughkeepsie Railroad Station	0.1
	73.5	Poughkeepsie Railroad Station	0.0
	73.5	End of route	