

Go	At	On	For
	0.0	Start of route	0.0
	0.0	NJ side of GW Bridge	0.0
QR	0.0	Hudson Terrace	2.0
L	2.0	E Palisade Ave	0.4
R	2.4	Summit St	0.7
L	3.1	Lyncrest Rd	0.4
R	3.5	N Woodland St	1.3
L	4.8	E Clinton Ave	1.3
BR	6.0	County Rd	2.7
L	8.8	Hardenburgh Ave	1.1
R	9.9	Schraalenburgh Rd	2.0
BL	11.9	TRO Schraalenburgh Rd ⇒ Lafayette Rd	1.1
L	13.0	Blanch Ave ⇒ Cripplebush Rd ⇒ Washington Ave S ⇒ Poplar Rd	2.8
R	15.7	Rivervale Rd ⇒ Middletown Rd	2.7
R	18.4	TRO S Middletown Rd ⇒ Old Middletown Rd	0.2
L	18.6	Orangeburg Rd	1.0
L	19.6	Sickletown Rd	0.1
R	19.7	TRO Sickletown Rd ⇒ Strawtown Rd	3.7
R	23.4	Old Mill Rd	2.3
R	25.7	Kings Hwy	0.7
L	26.4	New Lake Rd	0.4
S	26.8	Cross Rt 303 <i>Caution!</i>	0.0
BR	26.8	Christian Herald Rd ⇒ Old Mountain Rd N	1.5
S	28.4	Cross N Midland Ave and bear left TRO Old Mountain Rd	0.3
R	28.6	N Broadway	1.0
PIT	29.6	Lunch in Nyack	0.0
QL	29.7	Main St	0.1
QR	29.8	Piermont Ave ⇒ River Rd	3.7
R	33.5	TRO Piermont Ave	0.7
L	34.2	Valentine Ave	0.2
R	34.5	Right turn onto Piermont Rd	5.5
S	39.9	County Rd	2.0
L	41.9	Hudson Ave	0.3
R	42.2	Engle St	1.1
L	43.3	Woodland Park Dr	0.4

Go	At	On	For
R	43.8	Leroy St	0.1
QL	43.8	Churchill Rd	0.7
R	44.5	Woodland St	1.1
L	45.7	Pershing Ave	0.3
R	46.0	Summit St	0.3
L	46.3	E Palisade Ave	0.4
R	46.7	Hudson Terrace	2.0
L	48.7	GW Bridge bike path	0.0
	48.7	End of route	