

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Start at Boathouse. Go north on East Dr.	2.1
R	2.2	Exit Park onto Adam Clayton Powell Jr Blvd	0.4
L	2.5	W 117th St	0.0
QR	2.6	Saint Nicholas Ave	2.3
S	4.9	Follow bike lane around 162nd St to continue on St. Nick	0.4
L	5.3	168th St.	0.2
R	5.5	Fort Washington Ave	0.5
L	6.0	W 179th St and stay right	0.1
BR	6.1	Cabrini Blvd	0.1
QL	6.2	GW Bridge North Path	1.4
R	7.5	Hudson Terrace	0.0
	7.6	End of route	