

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Exit station & cross pedestrian bridge over Bruckner Expressway	0.1
R	0.1	at bottom of ramp and head north-east on bike path	1.1
L	1.2	Follow bike path across City Island Rd. & Shore Rd. - careful <i>City Island Road - careful</i>	1.9
S	3.1	Park Ln	0.3
R	3.4	Manor Cir	0.2
R	3.6	TRO Manor Cir	0.0
QR	3.6	Pelhamdale Ave	0.4
L	4.0	Shore Rd. ⇒ Pelham Rd ⇒ Echo Rd.	2.2
R	6.2	Main St/US 1	5.6
S	11.8	Cross Oakland Beach-Osborne	0.3
BR	12.1	TSO 1/Boston Post	1.5
S	13.7	XU Port Chester RR	1.2
L	14.9	Quick left onto Boston Post Rd/S Main St CAUTION	0.5
R	15.4	Mill St ⇒ Delavan Ave. ⇒ Ritch Ave.	1.2
S	16.6	Hamilton Ave	0.9
BR	17.6	Old Field Point Rd	0.2
R	17.7	Prospect St	0.1
BR	17.8	through underpass onto Field Point Rd	0.0
QL	17.8	Quick left onto Horseneck Ln (immediately after underpass)	0.3
R	18.1	Arch St ⇒ Museum Dr.	0.5
L	18.6	Indian Harbor Dr	0.1
S	18.7	@ Circle, take the 1st exit onto Davis Ave	0.2
BR	18.9	TRO Davis Ave	0.1
R	19.0	TRO Davis Ave	0.4
L	19.4	Indian Field Rd	0.5
R	19.9	Sound Shore Dr	0.4
R	20.4	Station Dr ⇒ Strickland Rd.	0.3
R	20.7	River Rd	0.7
R	21.4	U.S. 1 N	0.4
R	21.8	Lockwood Ln	0.3
L	22.1	Lockwood Rd	0.7
R	22.8	Sound Beach Ave	0.1

Go	At	On	For
L	22.9	Laddins Rock Rd	0.0
QR	22.9	Quick right onto Harding Rd	0.2
L	23.2	Brown House Rd ⇒ Selleck St.	1.1
L	24.3	at T onto Davenport St	0.2
R	24.5	Waterside Pl	0.1
QR	24.6	Pulaski St	0.2
L	24.8	Washington Blvd	0.1
QR	24.8	Henry St	0.6
L	25.4	Canal St	0.3
R	25.7	Jefferson St	0.4
R	26.2	Elm St	0.2
BL	26.4	Cove Rd	1.1
L	27.5	Cove Rd turns left and becomes Weed Ave	0.9
R	28.4	E Main St ⇒ Boston Post Rd./US 1	1.4
BR	29.8	Old Kings Hwy ⇒ Locust Hill Rd.	1.7
L	31.5	at Old Farm Rd	0.0
QR	31.5	Quick right onto CT-136/Tokeneke Rd ⇒ Cudlipp ⇒ Rowayton Ave.	1.3
L	32.8	McKinley St/CT-136	0.4
L	33.2	Highland Ave/CT-136	0.3
R	33.5	Wilson Ave/CT-136	0.8
R	34.3	Old Trolley Way/CT-136	1.2
L	35.4	Woodward Ave/CT-136	0.1
R	35.6	Burritt Ave/CT-136	0.1
L	35.7	Water St/CT-136	0.5
R	36.1	Washington St/CT-136	0.3
R	36.5	Van Zant St/CT-136	0.4
R	36.9	East Ave; immediate left onto Cemetery/CT-136, then bear left TSO Cemetery ⇒ Gregory	0.2
R	37.1	Winfield St/CT-136 ⇒ Saugatuck Ave.	2.1
BR	39.2	CT-136 /Park St ⇒ Charles St.	0.2
L	39.4	Riverside Ave/CT-136	0.2
R	39.5	Bridge St ⇒ Greens Farms Rd.	2.9
BR	42.5	Beachside Ave ⇒ Pequot	2.3
R	44.8	Westway Rd	0.2
L	45.0	Harbor Rd.	0.7
R	45.7	TRO Harbor Rd	0.1
R	45.8	Sasco Hill Rd	0.3

Go	At	On	For
L	46.2	Oldfield Road	1.0
L	47.2	Reef Rd	0.2
PIT	47.4	Firehouse Deli - 22 Reef Rd. Then return to Oldfield Rd.	0.2
L	47.6	Oldfield Road ⇒ Old Post Rd.	0.7
R	48.3	S Benson Rd	0.2
L	48.5	Riverside Dr.	0.9
R	49.4	CT-130/Post Rd ⇒ Fairfield Ave.	1.7
R	51.1	Turn slight right onto State St/CT-130	1.6
L	52.7	Water St	0.2
R	52.8	Stratford Ave	0.8
BR	53.6	TSO Stratford	2.6
BL	56.2	Ferry Blvd ⇒ Barnum Ave. Cross bridge.	1.5
R	57.7	First right after bridge onto River-cliff Drive	0.2
L	57.9	Edgemont Road	0.3
R	58.3	Lenox Avenue	0.1
QL	58.3	Turn slight left onto Baldwin Street	0.1
QR	58.4	Naugatuck Avenue	0.3
R	58.7	Milford Point Road	0.4
L	59.2	Botsford Avenue	0.4
L	59.5	Broadway ⇒ E. Broadway	0.8
R	60.3	Viscount Dr.	0.1
QL	60.4	Viscount Dr.	0.2
L	60.6	Nettleton Ave. (unpaved)	0.1
R	60.7	Turn sharp right onto Silver Sands Park Road	0.5
R	61.2	TRO Silver Sands Park Rd	0.3
L	61.5	E Broadway	1.0
L	62.5	Rogers Avenue	0.4
L	62.9	Lafayette Street	0.1
R	63.0	Green Street	0.2
R	63.2	High Street	0.1
QL	63.3	Helwig Street	0.2
R	63.5	across footbridge	0.0
QR	63.5	Shipyard Ln. ⇒ Elton St.	0.3
R	63.8	Gulf St ⇒ Welchs Point Rd.	1.6
R	65.4	Oakland Avenue	0.1
L	65.5	Bayshore Dr ⇒ Melba ⇒ Edgefield ⇒ Merwin	2.3

Go	At	On	For
R	67.8	Turn slight right onto Abigail Street	0.2
R	68.0	Mark Street	0.0
QL	68.1	Kings Highway	0.1
QR	68.1	Beach Avenue	0.4
S	68.5	Chapel Street	0.0
QR	68.5	Beach Avenue	0.1
R	68.6	Clinton Street	0.0
QL	68.6	Quick left onto Beach ⇒ Bonsilene	0.3
R	69.0	Hawley Avenue	0.2
L	69.2	Anderson Avenue	0.0
QR	69.2	First right onto New Haven Avenue, 162	0.2
R	69.5	Turn slight right onto Ocean Avenue, 162 E	0.1
QR	69.5	Turn slight right onto Ocean Avenue, 705	3.1
R	72.7	Washington Ave	0.1
L	72.8	Beach St ⇒ 1st Ave.	1.9
R	74.6	CT-122 S/Elm St	0.3
BR	75.0	(signs for I-95 N/New Haven) onto trail (dirt)	0.2
R	75.2	Ella Grasso Blvd. ⇒ Sea St.	0.4
L	75.6	at S Water St	0.1
S	75.6	trail (dirt)	0.3
R	76.0	trail	0.7
BL	76.7	Vision Trail	0.1
QL	76.7	Sargent Dr	0.3
R	77.1	Church St	0.5
R	77.5	Union Ave	0.1
QR	77.6	into Union Station. Train to NYC	0.0
	77.6	End of route	