

Go	At	On	For
	0.0	Start of route	0.1
<b>BR</b>	0.1	TRO 80th Ave/Grand Central Pkwy/Union Turnpike	2.4
<b>L</b>	2.4	at the 1st cross street onto Midland Pkwy	0.5
<b>L</b>	3.0	188th St	0.3
<b>R</b>	3.3	Union Turnpike	0.6
<b>R</b>	3.9	Francis Lewis Blvd	3.9
<b>R</b>	7.7	TRO Francis Lewis Blvd	1.1
<b>L</b>	8.9	TRO Francis Lewis Blvd	1.4
<b>BR</b>	10.3	Hook Creek Blvd	0.1
<b>QL</b>	10.4	Quick left onto Hungry Harbor Rd/Rosedale Rd.	0.8
<b>R</b>	11.1	Hungry Harbor Rd	1.4
<b>S</b>	12.5	Branch Blvd	1.0
<b>L</b>	13.5	Peninsula Blvd	0.7
<b>R</b>	14.2	Woodmere Blvd	1.6
	15.8	Enjoy the view from Keystone Yacht Club at end of Woodmere Blvd.	0.3
<b>L</b>	16.0	Ivy Hill Rd	0.3
<b>L</b>	16.4	TRO Ivy Hill Rd	0.2
<b>L</b>	16.6	Railroad Ave	0.3
<b>S</b>	16.8	Rutherford Ln	0.1
<b>R</b>	16.9	Atlantic Ave	0.1
<b>QL</b>	17.0	Albro Ln	0.2
<b>R</b>	17.2	Ocean Ave/The Mal	0.9
<b>S</b>	18.1	Narragansett Ave	0.2
<b>R</b>	18.3	Causeway Rd	0.1
<b>BR</b>	18.3	Barrett Rd	0.0
<b>BL</b>	18.4	Causeway Rd	0.7
<b>L</b>	19.1	Broadway	0.7
<b>L</b>	19.8	at Doughty Blvd. to enter Bike Path	0.7
<b>BL</b>	20.5	Slight left	0.2
<b>R</b>	20.6	Right/left on Bridge Path	0.4
<b>R</b>	21.0	down exit (CAUTION: steps) toward Acapulco St	0.0
<b>QR</b>	21.0	Acapulco St	0.0
<b>S</b>	21.1	Continue under bridge onto Rescue Rd	0.1
<b>R</b>	21.2	Albany Blvd	0.1
<b>QL</b>	21.3	Park St - Becomes Beech St.	0.2

Go	At	On	For
<b>R</b>	21.5	TRO Park St	0.7
<b>S</b>	22.1	Beech St	1.1
<b>R</b>	23.3	Connecticut Ave	0.1
<b>QL</b>	23.4	Oceanview St	0.6
<b>L</b>	24.0	Pennsylvania Ave	0.1
<b>QR</b>	24.0	W Beech St	0.1
<b>QR</b>	24.1	New York Ave	0.1
<b>L</b>	24.2	Boardwalk/Oceanfront St	0.0
<b>QR</b>	24.3	New York Ave	0.3
<b>L</b>	24.6	W Park Ave	0.9
<b>L</b>	25.5	Oswego Ave	0.1
<b>R</b>	25.6	Beech St/Park St.	1.7
<b>R</b>	27.3	Albany Blvd	0.1
<b>QL</b>	27.4	Rescue Rd	0.1
<b>S</b>	27.5	Acapulco St	0.0
<b>QL</b>	27.5	Up steps to Bridge Bike Path	0.6
<b>L</b>	28.1	to merge onto Seagirt Blvd	1.6
<b>S</b>	29.7	Beach 34th St	0.1
<b>S</b>	29.8	Beach Channel Dr	2.3
<b>L</b>	32.2	Beach 84th St	0.0
<b>QR</b>	32.2	Rockaway Fwy	0.3
<b>R</b>	32.5	Beach 90th St	0.1
<b>L</b>	32.6	Beach Channel Dr	0.1
<b>QR</b>	32.7	at Beach 92nd St	0.0
<b>QL</b>	32.7	bridge bike path ramp. Cross bridge.	0.7
<b>L</b>	33.4	Follow exit ramp onto Van Brunt Rd	0.1
<b>QR</b>	33.5	Cross Bay Blvd	5.9
<b>S</b>	39.4	Woodhaven Blvd	1.5
<b>R</b>	40.9	Brooklyn-Queens Greenway	1.6
<b>R</b>	42.6	Park Ln	0.1
<b>L</b>	42.7	Onslow Pl	0.1
<b>QR</b>	42.8	Grenfell St	0.0
<b>QL</b>	42.8	82nd Ave	0.2
<b>L</b>	43.0	Kew Gardens Rd	0.1
<b>R</b>	43.1	80th Rd., cross Queens Blvd. (carefully) to subway station.	0.0
	43.2	End of route	