

Go	At	On	For
	0.0	Start of route	0.0
<b>L</b>	0.0	East Dr	2.2
<b>R</b>	2.2	Exit Park at Adam Clayton Powell Jr Blvd	0.0
<b>QL</b>	2.2	W 110th St/Central Park N	0.2
<b>S</b>	2.4	@ Circle, take the 2nd exit onto W 110th St/Cathedral Pkwy	0.7
<b>R</b>	3.1	Riverside Dr	2.3
<b>R</b>	5.4	W. 155th St., then bear left	0.2
<b>L</b>	5.6	At 158th St., take 3rd left up hill on Riverside Dr	0.3
<b>R</b>	5.9	W 162nd St	0.1
<b>L</b>	6.0	Fort Washington Ave	0.8
<b>L</b>	6.8	W 179th St and keep right	0.1
<b>BR</b>	6.9	Cabrini Blvd	0.1
<b>QL</b>	7.0	GW Bridge North Path	1.6
<b>R</b>	8.5	Hudson Terrace	2.0
<b>L</b>	10.5	E Palisade Ave	0.2
<b>R</b>	10.7	Floyd St	1.0
<b>L</b>	11.7	Van Wagoner Dr	0.1
<b>R</b>	11.9	Johnson Ave	0.4
<b>R</b>	12.3	Sage Rd	0.1
<b>L</b>	12.4	Rte 9W. Push pedestrian walk button on right to change light.	7.5
<b>R</b>	20.0	Ludlow Ln. at Lamont Observatory sign.	0.0
<b>QR</b>	20.0	thru stone blocks onto Old Rte 9W/State Line Lookout.	1.0
<b>L</b>	20.9	Return down Old 9W. CAUTION: very rough road.	
<b>PIT</b>	20.9	Lunch & scenic view	1.0
<b>L</b>	21.9	9W	7.2
<b>R</b>	29.1	E Clinton Ave	0.4
<b>L</b>	29.6	Buckingham Rd	0.2
<b>L</b>	29.8	Woodland St	1.3
<b>L</b>	31.0	Pershing Ave	0.3
<b>R</b>	31.4	Summit St	0.3
<b>L</b>	31.7	E Palisade Ave	0.4
<b>R</b>	32.1	Hudson Terrace	1.9
<b>L</b>	34.0	GW Bridge North Path	1.6
<b>S</b>	35.6	W 180th St	0.1
<b>R</b>	35.7	Fort Washington Ave	0.2
<b>R</b>	35.9	W 177th St	0.1

Go	At	On	For
<b>L</b>	36.0	Haven Ave	0.5
<b>R</b>	36.5	Fort Washington Ave	0.1
<b>R</b>	36.6	W 165th St	0.1
<b>QL</b>	36.7	Riverside Dr	4.9
<b>L</b>	41.6	W 72nd St	0.0
	41.6	End of route	