

Go	At	On	For
	0.0	Start of route	0.9
BR	0.9	TRO Riverside Dr	0.8
R	1.7	TRO Riverside Dr	0.2
BR	2.0	W 158th St	0.0
QL	2.0	Riverside Dr	0.3
R	2.3	W 162nd St	0.2
L	2.5	Broadway	0.8
L	3.2	W 177th St	0.1
QR	3.3	Fort Washington Ave	0.1
L	3.4	W 179th St	0.0
BR	3.4	TRO W 179th St	0.1
BR	3.5	Cabrini Blvd	0.1
QL	3.6	at W 180th St, follow onto north bike path GW Bridge	1.4
L	5.0	Hudson Terrace	0.1
L	5.1	Bruce Reynolds Blvd.	0.5
L	5.5	Henry Hudson Dr	0.9
S	6.4	@ Circle, continue straight TRO Henry Hudson Dr	1.4
BL	7.9	TRO Henry Hudson Dr	0.0
BR	7.9	TRO Henry Hudson Dr	1.8
S	9.7	Hudson Dr	1.4
S	11.2	Henry Hudson Dr	1.4
S	12.6	@ Circle, take the 1st exit onto Hudson Dr	0.3
PIT	12.9	Alpine Basin Restrooms	0.0
S	13.0	Make a U-turn	0.3
S	13.3	@ Circle, take the 1st exit onto Henry Hudson Dr	1.0
BL	14.3	towards 9W	0.1
S	14.4	Alpine Approach Rd	0.1
QL	14.5	US-9W S	0.7
R	15.2	Closter Dock Rd	0.1
PIT	15.3	Citgo Bathrooms if needed	2.4
L	17.8	High St	1.1
BR	18.8	Old Hook Rd	0.8
R	19.7	Bogerts Mill Rd	0.4
L	20.1	Harriot Ave	0.2
S	20.3	Rivervale Rd	0.9
PIT	21.2	Rest Stop Seven Eleven on Left	1.3
BL	22.5	TRO Rivervale Road	1.2
R	23.7	Orangeburgh Rd	1.0

Go	At	On	For
S	24.7	Blue Hill Rd S	0.5
R	25.2	Co Rd 20/Veterans Memorial Dr	0.3
L	25.4	Blue Hill Rd/Co Road 23	0.8
L	26.2	Co Road 23/Sickletown Rd	0.5
R	26.7	TRO Co Road 23/Sickletown Rd	0.2
R	26.9	Blauvelt Rd	1.0
L	27.9	Van Wyck Rd	0.4
R	28.3	Erie St W	1.2
R	29.5	Co Road 11/Greenbush Rd	0.4
L	29.9	Clausland Mountain Rd/Co Road 28-CLIMB	1.3
S	31.2	Co Rd 28/South Blvd	1.1
R	32.3	Turn slight right onto S Highland Ave	0.5
R	32.8	High Ave	0.4
R	33.2	High Ave	
QL	33.2	N Franklin St	0.2
R	33.4	N Broadway Ave	0.0
PIT	33.4	Lunch Runcible Spoon	0.1
QL	33.4	Main St	0.1
QR	33.5	Piermont Ave	1.2
S	34.7	River Rd	1.5
S	36.2	Piermont Ave	1.0
S	37.2	Ferdon Ave	0.8
L	38.1	NY-340 E/Valentine Ave	0.0
BL	38.1	Highland Ave	0.2
BR	38.3	US-9W S/Hillside Ave	1.1
PIT	39.3	The Market for bathrooms if needed	8.7
R	48.0	Sage Rd	0.1
L	48.2	Johnson Ave	0.4
L	48.6	Van Wagoner Dr	0.1
R	48.7	Floyd St	1.0
L	49.7	E Palisade Ave	0.2
R	50.0	Hudson Terrace	1.9
L	51.9	north bike path GW Bridge	1.4
S	53.3	W 180th St	0.0
	53.3	End of route	