

| Go | At | On | For |
|------------|------|--|------|
| | 0.0 | Start of route | 0.0 |
| R | 0.0 | Main St from Day's Inn Parking lot | 0.2 |
| R | 0.2 | Maple Ave | 3.9 |
| L | 4.2 | MA-41 S | 12.8 |
| BR | 17.0 | Rte 44 Salisbury | 5.6 |
| BL | 22.6 | TRO Main St | 0.1 |
| QL | 22.6 | Harlem Valley Rail Trail | 8.1 |
| R | 30.7 | Mechanic St | 0.3 |
| L | 31.0 | E Main St | 0.2 |
| PIT | 31.1 | Straight on Crosswalk crossing Rte 22 into Four Bros Pizza | 0.0 |
| S | 31.2 | Straight onto South St Rte 22 South | 0.3 |
| L | 31.5 | Old New York 22 S/Old Rte 22 | 0.1 |
| R | 31.6 | Harlem Valley Rail Trail | 2.2 |
| L | 33.8 | into Wassaic MetroNorth train station. | 0.0 |
| | 33.8 | End of route | |