Go	At	On	For
	0.0	Start of route	0.0
S	0.0	Enter Manhattan Bridge bike path	1.4
		at Canal & Forsyth [CHINATOWN]	
L	1.4	Jay St	0.3
R	1.6	Tillary St	0.2
R	1.8	Cadman Plaza W	0.0
QL	1.9	Clark St [BKLYN HGTS]	0.1
QL	2.0	Henry St	0.6
L	2.6	Amity St [COBBLE HILL]	0.2
L	2.8	Jog Left Right to continue on Dean St	0.3
R	3.1	Hoyt St [BOERUM HILL]	0.7
L	3.8	3rd St [GOWANUS]	0.5
S	4.3	Washington Park - OLD STONE HOUSE - historic house with lovely garden	0.2
S	4.5	Continue on 3rd St [PARK SLOPE]	0.5
S	5.0	Enter Prospect Park, Continue onto West Dr	0.2
L	5.2	to enter Picnic House drive	0.0
QR	5.3	to follow drive around Picnic House	0.0
QL	5.3	Picnic House - RESTROOMS	0.1
Uturn	5.4	U turn back to West Drive	0.0
QL	5.4	to get back on West Drive	1.3
S	6.7	S Lake Dr	0.0
BR	6.7	around Park Circle drive	0.0
S	6.8	Exit the traffic circle onto Ocean Pkwy [WINDSOR TERRACE]	0.0
QL	6.8	Brooklyn-Queens Greenway	0.2
S	7.0	Continue on Fort Hamilton Park- way - bike lane	0.1
PIT	7.1	OPTIONAL PIT - Batata at E2nd St and Fort Hamilton	0.0
QL	7.2	E 2nd St	0.2
R	7.4	Abermarle Road	0.1
S	7.5	Tehama St	0.2
R	7.7	Chester Ave	0.0
QL	7.7	12th Ave	0.4
R	8.1	41st St [BOROUGH PARK]	0.8
L	8.9	to enter Sunset Park at 7th Ave	0.2
R	9.1	to follow bike path	0.0

Go	At	On	For
QL	9.1	at basketball & swimming spot	0.0
PIT	9.2	Optional Restroom	0.0
QR	9.2	TRO bike path	0.0
	9.2	Promontory - highest point in Bklyn, great view of Manhattan	0.0
BR	9.2	path to exit on 41st Street	0.1
QL	9.3	41st St [SUNSET PARK]	0.3
L	9.6	4th Ave - southbound protected bike lane far side	1.3
R	10.9	67th St	0.0
BL	11.0	bike path into Owl's Head Park	0.1
L	11.1	3rd Ave	0.1
QR	11.2	68th St (Guild for Exceptional Children Way) [BAY RIDGE]	0.3
R	11.5	to enter Owl's Head Park on path	0.1
PIT	11.6	Optional Restroom- then continue on path	0.2
R	11.7	Owls Head Park Dog Run Optional ride to Millenium Skate Park (great place to seel local tal- ent). Otherwise continue on route	0.3
R	12.0	to Millenium Skate Park	0.0
Uturn	12.1	U-turn back to Owl's Head Park Dog Run	0.3
R	12.4	Cross Shore Road to continue on bike path	0.1
QR	12.5	TRO bike path	0.0
QR	12.5	Shore Parkway Greenway	0.0
BL	12.5	at Bay Ridge Ave to enter Shore Parkway Greenway	3.6
BR	16.1	Shore Pkwy [BATH BEACH]	0.7
R	16.9	to exit bike path onto Bay Pkwy	0.0
BL	16.9	Bay Pkwy	0.1
R	17.0	Shore Pkwy Service Road - 2 way bike lane up ahead	1.0
BR	18.0	W 22nd St \Rightarrow Shore Pkwy	0.0
BL	18.0	TRO W 22nd St \Rightarrow Shore Pkwy	0.0
QL	18.1	Bay 52nd St	0.1
QR	18.2	Cropsey Ave - CAREFUL - Traffic	0.3
S	18.5	W 17th St [CONEY ISLAND]	0.3
L	18.8	Surf Ave	0.4
	19.1	The Cyclone - 1926 Wooden Rollercoaster	0.2

Go	At	On	For
L	19.4	W 5th St	0.0
QR	19.4	at Surf Ave to enter Asser Levy	0.0
		Park	
QR	19.4	First right TRO bike path	0.1
BR	19.4	bike path	0.2
R	19.6	Sea Breeze Ave	0.0
QL	19.6	Ocean Pkwy bike path	0.4
R	20.0	Neptune Ave	0.7
S	20.7	Emmons Ave	0.5
PIT	21.2	Optional PIT - Opera Cafe. Turn left on Dooley St. <i>Cafe up ahead on Emmons</i>	0.1
QL	21.3	Bedford Ave	3.4
L	24.7	Campus Rd [MIDWOOD]	0.1
L	24.8	E 23rd St	0.0
QR	24.8	E 23rd St turns right and becomes Campus Rd	0.1
R	24.9	Avenue H	0.3
S	25.2	Take the pedestrian tunnel	0.1
R	25.3	Argyle Rd [PROSPECT PK SOUTH]	1.4
S	26.7	Enter Parade Ground path at Caton Ave	0.0
QL	26.7	Parade Ground Path	0.1
PIT	26.8	Parade Ground Public Restroom	0.0
QL	26.8	to continue on path toward NYPD building	0.1
R	26.9	bike path at NYPD building	0.1
S	27.0	Enter the traffic circle	0.0
S	27.1	Exit the traffic circle onto S Lake Dr	0.1
S	27.2	East Dr	0.8
PIT	28.0	Optional Public Restroom at East Lake Drive	1.0
R	28.9	Grand Army Plaza/Plaza St W	0.2
R	29.2	Vanderbilt Ave [PROSPECT HGTS]	0.2
PIT	29.4	Ample Hills Creamery on right Iconic Brooklyn ice cream	0.0
S	29.4	[CLINTON HILL & FT GREENE]	1.3
L	30.8	Flushing Ave	0.5
R	31.3	Navy St	0.1
L	31.4	Sands St - bicycle path	0.3

Go	At	On	For
L	31.7	at Sands St toward Manhattan bi- cycle path entrance	0.0
QL	31.7	Manhattan Bridge Bicycle Path	1.3
BR	33.0	TRO Manhattan Bridge Bicycle Path	0.0
BR	33.1	Canal St	0.0
	33.1	End of route	