

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Tarrytown Metro North railroad platform, follow Depot Plaza to right	0.1
QR	0.1	West Franklin Street	0.3
R	0.4	South Broadway, US 9 <i>note: you might be able to ride the sidewalk if no pedestrians</i>	0.6
R	1.0	Shared Use Path of the Gov. Mario M. Cuomo Tappan Zee Bridge	4.5
BR	5.5	to exit bridge bike path, follow signs of bike path to Nyack <i>Esposito rail trail north</i>	0.6
L	6.1	Cedar Hill Avenue	0.0
QR	6.1	Quick right onto South Franklin Street	0.3
R	6.4	High Avenue	0.2
L	6.6	North Broadway <i>Runcible Spoon on northeast corner</i>	1.9
BR	8.5	entering Nyack Beach SP	0.3
S	8.8	Nyack River Trail: gravel	1.5
R	10.2	Haverstraw River Trail	3.2
Uturn	13.4	U turn, return on same path	0.0
Uturn	13.5	Make a U-turn onto Haverstraw River Trail	2.6
BL	16.1	Haverstraw River Trail	0.4
L	16.5	Nyack River Trail	0.6
L	17.1	Turn sharp left onto Nyack River Trail	1.6
S	18.7	North Broadway	2.1
R	20.8	Depew Avenue	0.2
L	20.9	South Franklin Street	0.1
L	21.1	Cedar Hill Avenue	0.0
QR	21.1	Quick right onto Raymond G. Esposito Trail	0.5
BR	21.6	TRO Raymond G. Esposito Trail	3.5
S	25.1	Joseph B. Clarke Rail-Trail	0.5
BR	25.6	TRO Joseph B. Clarke Rail-Trail	0.0
BR	25.6	TRO Joseph B. Clarke Rail-Trail	1.0
L	26.6	Oak Tree Rd	0.6
R	27.2	Piermont Rd/County Rd	4.7

Go	At	On	For
BR	31.9	Piermont Rd	1.3
L	33.2	Hudson Ave	0.3
R	33.5	Magnolia Ave	0.6
L	34.2	Hillside Ave	0.1
QR	34.2	Serpentine Rd	0.4
L	34.6	Westervelt Ave	0.1
R	34.7	Engle St	0.1
L	34.9	Woodland Park Dr	0.4
R	35.3	Leroy St	0.1
QL	35.3	Churchill and bear right uphill	0.7
R	36.0	Woodland St	0.9
L	36.9	Booth Ave	0.2
L	37.1	Fairview Ave	0.2
R	37.3	Summit St	0.6
L	37.9	E Palisade Ave	0.4
R	38.3	Hudson Terrace	1.9
L	40.2	north bike path of the GW Bridge	1.4
S	41.6	W 180th St <i>End</i>	0.0
	41.7	End of route	