

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Hudson River Greenway south of the GW Bridge at tennis courts, head north <i>Start</i>	1.9
	1.9	Sharp left and quick right with blind line of sight and 90 degree bends	0.1
QR	2.0	Turn slight right onto Dyckman Street	0.2
R	2.2	Payson Avenue	0.1
QL	2.2	Riverside Drive	0.1
BR	2.3	to access Broadway	0.0
QR	2.4	Broadway	0.5
R	2.8	Turn sharp right onto Bennett Avenue	0.4
R	3.3	West 187th Street	0.1
QR	3.3	Overlook Terrace	0.2
R	3.5	Fort Washington Avenue	0.2
S	3.7	Straight onto Margaret Corbin Drive <i>Enter Fort Tryon Park</i>	1.1
S	4.8	Straight on Fort Washington Avenue	0.2
L	4.9	West 190th Street	0.2
L	5.1	West 187th Street	0.1
L	5.3	Broadway	0.4
R	5.6	Nagle Avenue	0.4
R	6.0	Turn sharp right onto Fort George Hill bike path	0.4
L	6.4	Turn sharp left onto Fort George Avenue	0.9
R	7.3	West 182nd Street	0.3
L	7.6	Broadway	0.0
QR	7.7	West 181st Street	0.3
R	8.0	Riverside Drive	0.0
QL	8.1	the 182nd Street overpass	0.1
S	8.1	Straight onto the Hudson River Greenway south	0.1
	8.3	Danger, steep descent with switchback	0.4
	8.7	Hudson River Greenway south of the GW Bridge next to tennis courts <i>End</i>	

Go	At	On	For
	8.7	End of route	