

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	W 110th St	0.4
S	0.4	@ Circle, continue straight on W 110th St	0.2
R	0.6	Morningside Dr	0.5
L	1.1	W 120th St	0.4
R	1.5	Riverside Dr	1.8
R	3.4	W. 155th St. and bear left on Riverside Dr	0.2
L	3.6	At 158th St., take 3rd left uphill TRO Riverside Dr	0.3
R	3.9	W 162nd St	0.1
L	4.0	Fort Washington Ave	0.7
L	4.7	W 177th St	0.1
R	4.8	Cabrini Blvd	0.1
QL	4.9	sidewalk and GW Bridge ramp	1.3
R	6.2	Hudson Terrace	1.9
L	8.0	Clendinen St.	0.1
QR	8.1	into Englewood Cliffs Police Station	0.0
PIT	8.1	Pit stop (if needed) <i>Park on left, not against building. Enter in small groups (3 or 4); do not congregate in hallway or make noise.</i>	0.0
QR	8.2	Stephens Terrace	0.0
QL	8.2	Hudson Terrace	0.1
QL	8.2	E Palisade Ave	0.4
R	8.7	Summit St	0.7
L	9.4	Lyncrest Rd	0.4
R	9.7	N Woodland St	1.0
R	10.8	Kent Rd	0.2
L	10.9	E Clinton Ave <i>Caution: steep downhill</i>	1.0
R	12.0	Depeyster Ave	0.4
L	12.4	Highwood Ave	0.1
R	12.5	Park St	0.2
L	12.8	Hudson Ave	0.0
QR	12.8	Knoll Rd	0.2
R	13.1	Engle St	0.5
BL	13.5	Hillside Ave ⇒ Union Ave.	0.5
PIT	14.0	Snack stop @ Cresskill Hot Bagels <i>Then continue down Union, cross RR tracks</i>	0.1
QR	14.1	Immediately after tracks, bear right then left onto Grant	0.9

Go	At	On	For
R	15.0	Knickerbocker Rd	0.7
R	15.7	Hardenburgh Ave	0.7
R	16.4	County Rd	0.2
R	16.6	Piermont Rd	1.3
L	17.9	Hudson Ave	0.3
R	18.2	Magnolia Ave	0.6
L	18.9	Hillside Ave	0.1
QR	18.9	Serpentine Rd	0.4
L	19.3	Westervelt Ave	0.1
R	19.4	Engle St	0.6
L	20.0	E Hudson Ave	0.3
R	20.3	Elkwood Terrace	0.1
QL	20.4	Lydecker St	0.1
R	20.6	TRO Lydecker St	0.2
L	20.8	Jog left/right across Glenwood Rd TSO Lydecker	0.6
L	21.4	Walnut St	0.6
L	22.0	N Woodland St	0.1
R	22.1	Pershing Rd	0.3
R	22.4	Summit St	0.3
L	22.7	E Palisade Ave	0.4
R	23.1	Hudson Terrace	2.0
L	25.1	GW Bridge bike path	1.3
R	26.4	Cabrini Blvd	0.1
QR	26.4	W 177th St	0.0
QL	26.5	Haven Ave	0.5
R	26.9	Fort Washington Ave	0.1
R	27.1	W 165th St	0.1
QL	27.2	Riverside Dr	3.6
	30.7	Ride ends at 97th St. & Riverside Dr.	0.0
	30.7	End of route	