

Go	At	On	For
	0.0	Start of route	0.0
L	0.0	Riverside Dr.	3.0
R	3.0	W. 155th St. and bear left on Riverside Dr	0.2
L	3.2	At 158th St., take third left uphill TRO Riverside Dr	0.3
R	3.5	W 162nd St	0.1
L	3.6	Fort Washington Ave	0.8
L	4.5	W 179th St and keep right	0.1
BR	4.6	Cabrini Blvd	0.1
QL	4.6	GW Bridge North Path	1.6
L	6.2	near sidewalk at Hudson Terrace	0.1
S	6.3	Continue downhill on bike path	0.3
BL	6.6	River Rd	8.1
PIT	14.7	Pit stop at PIPC Barracks	0.1
QL	14.8	Alpine Approach Rd	0.2
L	15.0	US-9W	0.7
R	15.7	Closter Dock Rd	2.6
L	18.3	High St ⇒ Old Hook Rd.	1.2
R	19.5	Schraalenburgh Rd ⇒ Lafayette	1.8
L	21.4	Blanch Ave	0.4
BL	21.8	Cripplebush Rd ⇒ Washington	0.9
L	22.7	Old Tappan Rd	1.1
R	23.7	Rivervale Rd	1.2
R	25.0	Orangeburgh Rd ⇒ Blue Hill Rd. S.	1.4
R	26.4	Veterans Memorial Dr	0.3
L	26.7	Blue Hill Rd	0.8
L	27.4	Sickletown Rd <i>Gear down for hill</i>	0.4
R	27.9	TRO Sickletown Rd	0.2
R	28.1	Blauvelt Rd	1.0
L	29.1	Van Wyck Rd	0.4
R	29.5	Erie St W	1.2
L	30.7	Greenbush Rd	0.3
BR	31.0	NY-303 N	0.1
BR	31.1	Greenbush Rd	0.5
R	31.6	Bradley Pkwy	1.0
BL	32.6	TRO Bradley Pkwy	0.3
L	32.9	Highland Ave	0.2
L	33.1	S Highland Ave	0.2
BL	33.4	US-9W	0.2

Go	At	On	For
R	33.6	Main St	0.6
R	34.2	Piermont Ave	3.7
R	37.9	TRO Piermont Ave	0.4
PIT	38.3	Pick up lunch at Canzona's Deli <i>Then continue on Piermont Ave.</i>	0.4
L	38.7	Valentine Ave	0.2
L	38.8	Ferdon Ave	0.8
R	39.7	Paradise Ave ⇒ Ferry Rd.	0.2
R	39.9	Gair St	0.0
QL	39.9	Paper Pl	0.1
QL	40.0	Shad Row	0.1
QR	40.1	Round House Rd	0.0
QL	40.1	Beach St/Hudson Way	0.0
PIT	40.1	Picnic at Gazebo <i>Bathrooms at Library or bike shop</i>	0.0
QL	40.1	Chiggelzby Ave	0.0
S	40.2	Roundhouse Rd	0.1
QR	40.3	Gair St	0.1
QL	40.3	Piermont Ave	0.1
S	40.4	Ferdon Ave	0.8
L	41.3	NY-340 E ⇒ Piermont Rd. ⇒ County Rd.	5.8
BR	47.0	Piermont Rd	1.8
L	48.8	Central Ave	0.1
QR	48.9	County Rd	0.4
L	49.3	E Clinton Ave	0.1
QR	49.3	Dean Dr	0.9
L	50.2	E Ivy Ln ⇒ E. Hudson	0.5
R	50.7	Elkwood Terrace	0.1
QL	50.8	Lydecker St	0.1
R	51.0	TRO Lydecker St	0.2
L	51.2	Jog left/right across Glenwood Rd TRO Lydecker <i>Caution: 5-way blind intersection</i>	0.6
L	51.8	Walnut St	0.6
L	52.3	N Woodland St	0.1
R	52.4	Pershing Rd	0.3
R	52.8	Summit St	0.3
L	53.1	E Palisade Ave	0.4
R	53.5	Hudson Terrace	0.1
PIT	53.6	Pit stop at Englewood Cliffs Police Station	1.9

Go	At	On	For
L	55.4	GW Bridge North Path	1.6
S	57.0	W 180th St	0.1
R	57.1	Fort Washington Ave	0.2
R	57.3	W 177th St	0.1
L	57.4	Haven Ave	0.4
L	57.8	W 169th St	0.1
QR	57.8	Fort Washington Ave	0.2
R	58.0	W 165th St	0.1
QL	58.1	Riverside Dr	3.6
	61.7	Ride ends at 97th & Riverside	0.0
	61.7	End of route	