





Go	At	On	For
	0.0	Start of route	0.0
	0.0	Start, south on West Side Greenway at Christopher St	4.3
R	4.3	river esplanade access	2.5
R	6.8	FDR Drive Greenway	0.2
L	7.0	Greenway takes a left, crossing both accesses and under the FDR Drive	0.0
S	7.1	East 37th Street	0.1
QR	7.1	Right on 1st Avenue	0.0
	7.1	Motor Traffic!	1.2
R	8.3	East 60th Street	0.1
S	8.4	Cross York Avenue, then enter path infrastructure <i>Go up grade and follow path to the left and down to the esplanade</i>	0.1
S	8.5	John Finley Walk East River esplanade	1.5
L	10.0	following detour around Gracie Mansion	0.1
QR	10.0	Turn right, follow path between Gracie Mansion and York	0.1
QR	10.1	Follow path to right and up stairs	0.1
QL	10.1	Turn slight left onto John Finley Walk on river side of overpass	1.2
L	11.3	East 111th Street Pedestrian Bridge	0.1
S	11.5	west on 111th Street	0.1
R	11.6	Right on 1st Avenue	0.4
L	12.0	East 119th Street	0.6
R	12.6	Madison Avenue	0.8
R	13.4	pedestrian overpass of FDR Drive at 135th Street	0.2
L	13.6	Harlem River Drive Greenway	0.5
L	14.1	Left up ramp to overpass of FDR Drive at 142nd Street	0.2
S	14.2	142nd Street going west	0.2
L	14.4	Left on Malcolm X Blvd for one block	0.0
QR	14.5	West 141st Street	0.5
R	14.9	Saint Nicholas Avenue	0.4
R	15.3	Turn slight right onto Saint Nicholas Place	0.3

Go	At	On	For
R	15.6	Turn slight right onto Harlem River Drive Greenway	0.4
L	16.0	Quick left and right to get on Harlem River Drive bike path	1.9
R	17.9	10th Avenue <i>Back in traffic for a while</i>	0.0
	17.9	Motor traffic!	0.3
	18.2	Confusing traffic as you approach 207th Street under the #1 Train	0.6
L	18.8	Turn sharp left onto West 218th Street	0.3
S	19.1	Enter Inwood Park, follow around cove, keeping it on your right to path on its western side	0.5
S	19.6	Ascend path as it goes under the Henry Hudson Bridge	0.7
R	20.3	path goes to right, up stairs, crosses over train tracks, and down stairs on the river side of tracks. <i>Groove for bike wheels along stairs on western side of overpass</i>	0.0
QL	20.3	take a left at bottom of the stairs and follow path south along fence on left and ball fields on right	0.4
L	20.7	Dyckman Street	0.0
QR	20.7	Right on south side of Dyckman St onto West Side Greenway	1.5
	22.2	Steep downhill section!	1.9
BL	24.1	Bear to left TRO Greenway, follow under highway overpass	0.5
R	24.6	Greenway goes to the right as it crosses 137th St, still under overpass of West Side Hwy	0.0
QL	24.6	Left back on Greenway	7.0
	31.6	End, West Side Greenway at Christopher St	0.0
	31.6	End of route	