

Go	At	On	For
	0.0	Start of route	0.0
<b>PIT</b>	<b>0.0</b>	From 242nd St & Broadway, proceed onto Van Cortlandt Park Greenway	<b>0.1</b>
<b>BL</b>	0.1	Keep left	0.1
<b>BR</b>	0.2	and continue under bridge	0.1
<b>QR</b>	0.3	Jog right left across road TRO Van Cortlandt Park Greenway	0.4
<b>BL</b>	0.6	Keep left	0.5
<b>L</b>	1.1	Van Cortlandt Park South	0.1
<b>QR</b>	1.1	Mosholu Pelham Greenway	1.4
<b>BL</b>	2.5	Keep left	0.4
<b>BR</b>	2.9	Keep right	0.1
<b>BL</b>	3.0	Keep left	0.6
<b>BR</b>	3.6	Keep right	2.1
<b>R</b>	5.8	Jog right left across Pelham Parkway TRO Mosholu Pelham Greenway	0.1
<b>L</b>	5.9	Turn left	0.7
<b>L</b>	6.7	Shore Road Greenway	0.7
<b>BR</b>	7.4	City Island Greenway	1.1
<b>S</b>	8.6	Continue across bridge onto City Island Ave	0.8
<b>L</b>	9.4	Fordham Street	0.1
<b>L</b>	9.5	King Avenue	0.2
<b>L</b>	9.7	Ditmars Street	0.0
<b>QR</b>	9.7	King Avenue	0.2
<b>L</b>	9.9	Beach Street	0.0
<b>QR</b>	9.9	Minnieford Avenue	0.3
<b>L</b>	10.3	Bridge Street	0.1
<b>BR</b>	10.4	City Island Bridge	0.2
<b>S</b>	10.6	City Island Greenway	0.6
<b>S</b>	11.1	Park Drive Greenway	0.5
<b>R</b>	11.7	and continue toward Boardwalk	0.2
<b>L</b>	11.9	Orchard Beach Boardwalk	0.4
<b>L</b>	12.3	Turn left	0.1
<b>QL</b>	12.3	and continue toward Park Drive Greenway	0.4
<b>R</b>	12.8	Park Drive Greenway	0.6
<b>R</b>	13.3	City Island Greenway	0.7
<b>R</b>	14.0	TRO greenway	0.4
<b>L</b>	14.4	Hutchinson River Greenway	1.0
<b>L</b>	15.4	Turn left	0.1

Go	At	On	For
<b>QR</b>	15.5	Jog right left onto Bartow Avenue	0.1
<b>L</b>	15.6	Co-op City Boulevard	0.1
<b>PIT</b>	<b>15.7</b>	Lunch at Panera Bread then U-turn onto Co-op City Blvd	<b>0.1</b>
<b>R</b>	15.9	Bartow Avenue	0.1
<b>BR</b>	16.0	Hutchinson River Greenway	0.8
<b>BR</b>	16.8	Keep right	0.4
<b>L</b>	17.2	Mosholu Pelham Greenway	0.5
<b>BR</b>	17.8	Keep right	0.1
<b>R</b>	17.9	Jog right left across Pelham Parkway TRO Mosholu Pelham Greenway	2.9
<b>BL</b>	20.8	and go through tunnel then over bridge	0.3
<b>BR</b>	21.0	Keep right	0.0
<b>BL</b>	21.0	Keep left	1.5
<b>L</b>	22.6	sidewalk	0.1
<b>QR</b>	22.6	Van Cortlandt Park Greenway	0.8
<b>R</b>	23.4	Jog right left across road TRO Van Cortlandt Park Greenway and continue under bridge	0.1
<b>BR</b>	23.5	to finish at 242nd Street and Broadway	0.1
	23.6	End of route	