| Go | At | On | For |
|-------|------|---|-----|
| | 0.0 | Start of route | 0.0 |
| PIT | 0.0 | From Dinosaur Playground, pro- | 0.2 |
| | | ceed north on path | |
| L | 0.2 | and go under bridge | 0.1 |
| QR | 0.3 | Hudson River Greenway | 4.4 |
| BL | 4.7 | ramp | 0.1 |
| QR | 4.7 | Turn right | 0.1 |
| QL | 4.8 | W 181st St | 0.1 |
| R | 4.9 | Cabrini Blvd | 0.1 |
| QR | 5.0 | GWB Northwalk | 1.6 |
| R | 6.5 | Hudson Terrace | 1.9 |
| L | 8.5 | East Palisade Avenue | 0.4 |
| R | 8.9 | Summit Street | 0.4 |
| L | 9.3 | Chestnut Street | 0.3 |
| R | 9.6 | N Woodland St | 1.1 |
| L | 10.7 | Churchill Rd | 0.7 |
| R | 11.4 | Leroy St | 0.2 |
| BL | 11.6 | Stonehurst Dr | 0.4 |
| R | 12.0 | TRO Stonehurst Dr | 0.2 |
| R | 12.2 | Engle St | 0.8 |
| L | 13.0 | Hudson Avenue | 0.5 |
| R | 13.5 | Piermont Road | 0.2 |
| PIT | 13.7 | Rest stop Cafe Rx then continue | 6.8 |
| | | north on Piermont Road | |
| BL | 20.5 | TRO Route 340 | 0.0 |
| S | 20.6 | Valentine Avenue | 0.0 |
| QR | 20.6 | Ferdon Avenue | 0.8 |
| R | 21.4 | Paradise Avenue | 0.2 |
| BL | 21.6 | Ferry Road | 0.0 |
| QR | 21.7 | TRO Ferry Road | 0.9 |
| Uturn | 22.6 | Make a U-turn onto Ferry Road | 0.9 |
| L | 23.5 | TRO Ferry Road | 0.0 |
| S | 23.5 | Paradise Avenue | 0.2 |
| S | 23.7 | South Piermont Avenue | 0.7 |
| BR | 24.4 | Orangeburg Road | 0.2 |
| PIT | 24.6 | Lunch at The Mountain House | 0.1 |
| | | then continue north on Orange- burg Rd | |
| QL | 24.7 | Kings Highway | 0.1 |
| QR | 24.8 | Joseph B. Clarke Rail-Trail | 1.7 |
| BR | 26.5 | TRO Joseph B. Clarke Rail-Trail | 0.7 |
| R | 27.2 | Western Highway | 0.3 |
| | | - | |

| Go | At | On | For |
|-----|------|---|-----|
| L | 27.4 | Erie Street West | 0.7 |
| L | 28.1 | Van Wyck Road | 0.6 |
| R | 28.7 | Convent Road | 0.9 |
| L | 29.6 | Turn sharp left onto Blue Hill Road | 0.8 |
| L | 30.4 | Veterans Memorial Drive | 0.2 |
| R | 30.6 | Hunt Road | 0.6 |
| R | 31.2 | Blaisdell Rd | 0.7 |
| S | 32.0 | Dewolf Road | 0.8 |
| R | 32.8 | Old Tappan Road | 0.3 |
| PIT | 33.1 | Rest stop Starbucks on right | 0.6 |
| L | 33.7 | Washington Avenue South | 0.5 |
| S | 34.2 | Cripplebush Road | 0.4 |
| BR | 34.5 | Blanch Ave | 0.4 |
| R | 35.0 | Lafayette Road | 0.8 |
| S | 35.8 | Schraalenburgh Rd | 1.6 |
| L | 37.3 | Durie Avenue | 0.7 |
| R | 38.0 | Sharp right onto Columbus Avenue | 8.0 |
| L | 38.8 | Hardenburgh Avenue | 0.1 |
| R | 38.9 | Brookside Avenue | 0.6 |
| R | 39.5 | Merrifield Way | 1.5 |
| L | 41.0 | Riveredge Road | 0.5 |
| R | 41.5 | County Road | 0.2 |
| R | 41.7 | Dean Drive | 0.7 |
| L | 42.3 | Elm Street | 0.6 |
| R | 42.9 | Leroy Street | 0.1 |
| BL | 43.0 | Elkwood Terrace | 0.4 |
| L | 43.5 | Davison Place | 0.1 |
| S | 43.6 | Glenwood Road | 0.0 |
| BR | 43.6 | Lydecker Street | 0.6 |
| L | 44.2 | Walnut Street | 0.5 |
| L | 44.7 | North Woodland Street | 0.1 |
| R | 44.8 | Pershing Avenue | 0.5 |
| R | 45.3 | Summit Street | 0.3 |
| L | 45.6 | East Palisade Avenue | 0.4 |
| R | 46.0 | Hudson Terrace | 0.1 |
| QR | 46.1 | Kahn Terrace | 0.0 |
| PIT | 46.1 | for rest stop at Englewood Cliffs Police Headquarters | 0.1 |
| QL | 46.2 | Clendinen Place | 0.1 |
| QR | 46.2 | Hudson Terrace | 1.8 |
| L | 48.1 | GWB Northwalk | 1.6 |

| Go | At | On | For |
|----|------|--------------|-----|
| S | 49.6 | W 180th St | 0.0 |
| | 49.6 | End of route | |