

Go	At	On	For
	0.0	Start of route	0.0
	0.0	From Grand Army Plaza, proceed onto Prospect Park West Drive	0.5
<b>PIT</b>	0.5	Restroom on left at Picnic House then continue onto Prospect Park West Drive	0.6
<b>BL</b>	1.1	TRO Prospect Park West Drive	0.7
<b>R</b>	1.8	to exit Prospect Park	0.1
<b>QL</b>	1.9	Turn left	0.0
<b>QR</b>	1.9	Park Circle	0.1
<b>QR</b>	2.0	Ocean Parkway	0.0
<b>QR</b>	2.0	pedestrian bridge	0.1
<b>L</b>	2.1	Ocean Parkway bike path	0.4
<b>R</b>	2.5	Jog right left at Church Avenue TRO Ocean Parkway bike path	4.9
<b>S</b>	7.4	Surf Avenue	0.5
<b>L</b>	7.9	West 10th Street	0.1
<b>L</b>	8.1	Riegelmann Boardwalk for Polar Bear Plunge viewing	0.1
<b>PIT</b>	8.2	Restroom then U-turn onto Boardwalk	0.1
<b>R</b>	8.3	West 10th Street	0.1
<b>L</b>	8.4	Surf Avenue	0.2
<b>R</b>	8.7	W 15th St Gargiulos Way	0.5
<b>L</b>	9.1	W 15th St turns left and becomes Hart Pl	0.2
<b>R</b>	9.3	Cropsey Ave	0.2
<b>PIT</b>	9.5	Lunch at Parkview Diner then cross Cropsey Avenue to continue on Bay 53rd Street	0.2
<b>R</b>	9.7	W 22nd St	0.0
<b>QL</b>	9.8	Jog left right onto Shore Parkway bike path	1.0
<b>S</b>	10.8	sidewalk	0.1
<b>S</b>	10.9	Shore Parkway Greenway	4.4
<b>R</b>	15.2	Bay Ridge Avenue	0.0
<b>QL</b>	15.3	Turn sharp left onto Owls Head Park Greenway	0.5
<b>S</b>	15.7	Wakeman Place	0.1
<b>L</b>	15.9	Ridge Boulevard	0.1
<b>S</b>	16.0	2nd Avenue	0.7
<b>L</b>	16.7	50th Street	0.1
<b>S</b>	16.9	Bush Terminal Park	0.3

Go	At	On	For
<b>PIT</b>	17.2	Restroom on left then continue onto Bush Terminal Park	0.2
<b>S</b>	17.4	43rd Street	0.2
<b>R</b>	17.6	2nd Avenue	0.0
<b>QL</b>	17.6	44th Street	1.0
<b>L</b>	18.7	9th Ave	0.3
<b>R</b>	19.0	37th Street	0.4
<b>L</b>	19.5	12th Avenue	0.4
<b>L</b>	19.8	Dahill Road	0.1
<b>S</b>	19.9	Continue across Caton Avenue	0.0
<b>QR</b>	19.9	Fort Hamilton Parkway bike lane	0.3
<b>L</b>	20.2	Jog left right TRO Fort Hamilton Parkway bike lane	0.2
<b>R</b>	20.5	Park Circle	0.2
<b>R</b>	20.6	East Drive	1.7
<b>BR</b>	22.3	to exit Prospect Park	0.1
	22.5	End of route	