| Go | At | On | For |
|-----|------|--|-----|
| GO | | | |
| | 0.0 | Start of route | 0.0 |
| L | 0.0 | From Journal Square PATH Station, turn left onto John F. | 0.1 |
| | | Kennedy Blvd | |
| R | 0.1 | TRO John F. Kennedy Blvd | 0.9 |
| R | 1.1 | Lincoln Park at Belmont Ave | 0.1 |
| QR | 1.1 | TRO Lincoln Park | 0.2 |
| S | 1.4 | @ Circle, take first exit TRO Lin- | 0.3 |
| | | coln Park | |
| BL | 1.7 | TRO Lincoln Park | 0.3 |
| PIT | 2.0 | Restroom | 0.2 |
| BL | 2.2 | TRO Lincoln Park | 0.4 |
| S | 2.6 | @ Circle, take first exit TRO Lin- | 0.0 |
| | | coln Park | |
| S | 2.6 | Exit the traffic circle onto Lincoln | 0.1 |
| R | 2.7 | Park West Side Ave | 1.7 |
| BL | 4.4 | Danforth Ave | 0.0 |
| QR | 4.5 | Sullivan Dr | 0.3 |
| L | 4.8 | Bartholdi Ave | 0.1 |
| R | 4.9 | Romar Ave | 0.1 |
| L | 5.1 | Seaview Ave | 0.2 |
| R | 5.2 | John F. Kennedy Blvd | 0.7 |
| L | 5.9 | W 53rd St | 0.4 |
| PIT | 6.3 | Lunch at Broadway Diner | 0.0 |
| QL | 6.3 | Broadway | 0.1 |
| S | 6.4 | Garfield Ave | 1.1 |
| R | 7.5 | Chapel Ave | 0.8 |
| L | 8.3 | Hudson River Waterfront Walk- | 0.6 |
| | | way | |
| R | 8.9 | TRO Hudson River Waterfront Walkway | 8.0 |
| R | 9.6 | TRO Hudson River Waterfront | 0.6 |
| | 0.0 | Walkway | 0.0 |
| PIT | 10.3 | Restroom | 0.0 |
| S | 10.3 | Continue across grass to Libera- | 0.1 |
| | 45 : | tion Monument | |
| L | 10.4 | Hudson River Waterfront Walk- | 1.7 |
| | 12.1 | way Visit Central Railroad of New Jer- | 0.1 |
| | 12.1 | sey Terminal | 0.1 |
| QL | 12.2 | Empty Sky Memorial | 0.1 |
| S | 12.2 | Audrey Zapp Drive walkway | 0.9 |
| | · | - 5 7 | |

| Go | At | On | For |
|----|------|-------------------------|-----|
| R | 13.1 | Jersey Ave | 0.5 |
| R | 13.6 | Grand St | 0.3 |
| R | 13.9 | Christopher Columbus Dr | 0.2 |
| | 14.1 | Grove St PATH Station | 0.0 |
| | 14.1 | End of route | |