

| Go         | At   | On   | For |
|------------|------|--|-----|
|            | 0.0  | Start of route   | 0.0 |
| <b>R</b>   | 0.0  | 3rd Ave from Long Branch Station                       | 0.3 |
| <b>L</b>   | 0.3  | Bath Ave then immediate right onto Sairs Ave           | 0.1 |
| <b>L</b>   | 0.5  | Cottage Pl   | 0.3 |
| <b>L</b>   | 0.8  | Ocean Ave N  | 0.0 |
| <b>PIT</b> | 0.8  | Rest room  | 0.9 |
| <b>S</b>   | 1.7  | unnamed road adjacent to Boardwalk                     | 0.2 |
| <b>S</b>   | 1.9  | Ocean Ave N  | 0.4 |
| <b>L</b>   | 2.3  | Ocean Ave N turns left and becomes Seaview Ave         | 0.1 |
| <b>R</b>   | 2.4  | Ocean Ave N  | 0.5 |
| <b>R</b>   | 2.9  | Avenel Ave   | 0.1 |
| <b>QL</b>  | 3.0  | Avenel Ave turns slightly left and becomes Ocean Ave N | 0.3 |
| <b>R</b>   | 3.3  | Turn slight right TRO Ocean Ave N                      | 3.5 |
| <b>R</b>   | 6.8  | waterfront walkway                                     | 1.8 |
| <b>S</b>   | 8.6  | Sandy Hook Path  | 1.3 |
| <b>PIT</b> | 9.9  | Rest room  | 3.3 |
| <b>BL</b>  | 13.1 | TRO Sandy Hook Path                                    | 0.1 |
| <b>BR</b>  | 13.2 | TRO Sandy Hook Path                                    | 0.6 |
| <b>R</b>   | 13.8 | TRO Sandy Hook Path                                    | 0.2 |
| <b>R</b>   | 13.9 | path   | 0.3 |
| <b>R</b>   | 14.3 | path   | 0.1 |
|            | 14.3 | Photo-op Sandy Hook Lighthouse                         | 0.1 |
| <b>S</b>   | 14.4 | Continue through parking lot                           | 0.1 |
| <b>QL</b>  | 14.4 | Magruder Rd  | 0.3 |
| <b>L</b>   | 14.8 | Sandy Hook Path  | 4.5 |
| <b>BR</b>  | 19.3 | Sandy Hook Bridge                                      | 0.5 |
| <b>R</b>   | 19.8 | Turn right   | 0.1 |
| <b>QL</b>  | 19.9 | Bay Ave  | 0.0 |
| <b>PIT</b> | 19.9 | Lunch at Bahrs Landing                                 | 0.0 |
| <b>QL</b>  | 19.9 | Shore Dr   | 1.5 |
| <b>S</b>   | 21.4 | Henry Hudson Trail                                     | 1.5 |
| <b>L</b>   | 22.8 | TRO Henry Hudson Trail                                 | 0.6 |
| <b>R</b>   | 23.4 | Bay Ave  | 0.4 |
| <b>L</b>   | 23.8 | Ave D  | 0.3 |
| <b>R</b>   | 24.1 | Henry Hudson Trail                                     | 3.1 |
| <b>S</b>   | 27.2 | Cross Wilson Ave to continue on Henry Hudson Trail     | 5.5 |

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|------------|------|--|-----|
| <b>L</b>   | 32.7 | Atlantic St then immediate right onto Maple Pl | 0.0 |
| <b>BL</b>  | 32.7 | Henry Hudson Trail                             | 1.1 |
| <b>BL</b>  | 33.8 | Broadway                                       | 0.0 |
| <b>QR</b>  | 33.8 | Gerard Ave                                     | 0.3 |
| <b>L</b>   | 34.1 | Lower Main St                                  | 0.3 |
| <b>PIT</b> | 34.4 | Rest room and cold drinks at gas station       | 0.1 |
| <b>QL</b>  | 34.4 | Atlantic Ave                                   | 0.1 |
|            | 34.6 | Aberdeen-Matawan Station                       | 0.0 |
|            | 34.6 | End of route                                   |     |