| Go | At | On | For |
|-------------|-------|---|-----|
| G.O | 0.0 | Start of route | 0.0 |
| PIT | 0.0 | From 242nd Street and Broadway | 1.7 |
| | 0.0 | follow paths to Putnam Greenway | 1.7 |
| S | 1.7 | South County Trailway | 3.2 |
| R | 4.9 | Palmer Road approach | 0.1 |
| S | 5.0 | Kingston Avenue | 0.0 |
| BR | 5.1 | Palmer Road | 1.1 |
| L | 6.2 | Walk across Palmer Avenue at | 0.2 |
| | | crosswalk and continue onto | |
| | | Bronx River Greenway | |
| L | 6.3 | Pondfield Road West sidewalk | 0.0 |
| QR | 6.3 | Bronx River Greenway | 0.4 |
| R | 6.8 | Turn right | 0.0 |
| QL | 6.8 | Turn left | 0.1 |
| | 6.9 | Cross 2 streets TRO Bronx River Greenway | 1.3 |
| BL | 8.2 | Keep left | 0.2 |
| BL | 8.3 | Keep left | 1.5 |
| | 9.8 | Cross 2 streets TRO Bronx River Greenway | 0.4 |
| <u>^</u> !\ | 10.2 | Low bridge | 0.5 |
| L | 10.7 | TRO Bronx River Greenway | 1.6 |
| R | 12.3 | Greenacres Avenue | 0.0 |
| QL | 12.3 | Fenimore Road | 0.1 |
| PIT | 12.4 | Rest room and lunch pickup at | 0.0 |
| | 101 | Bagels & More | |
| Uturn | 12.4 | Make a U-turn onto East Harts- dale Avenue | 0.2 |
| L | 12.7 | Walworth Avenue | 1.1 |
| S | 13.8 | Fisher Avenue | 0.5 |
| S | 14.4 | Bank Street | 0.4 |
| L | 14.7 | Hamilton Avenue, NY 119 | 0.1 |
| QR | 14.8 | Bronx Street then bear left onto | 0.1 |
| α | 1 1.0 | Bronx River Greenway | 0.1 |
| BL | 14.9 | Keep left | 0.2 |
| L | 15.1 | to cross at crosswalk | 0.0 |
| QR | 15.2 | TRO Bronx River Greenway | 1.0 |
| L | 16.2 | Turn left | 1.7 |
| R | 17.9 | Park Drive East | 0.1 |
| PIT | 18.0 | Kensico Dam Plaza picnic area | 0.2 |
| | | and rest rooms | |
| R | 18.3 | Park Drive East | 0.1 |
| L | 18.4 | Bronx River Greenway | 1.7 |

| Go | At | On | For |
|----------|------|--|-----|
| R | 20.2 | Turn right | 1.3 |
| BR | 21.4 | TRO Bronx River Greenway | 0.1 |
| BL | 21.5 | Bronx Street | 0.1 |
| QL | 21.6 | Main Street, NY 119 | 0.1 |
| QR | 21.6 | Bank Street | 0.3 |
| S | 21.9 | Fisher Avenue | 1.7 |
| R | 23.6 | Fenimore Road | 0.1 |
| L | 23.7 | Greenacres Avenue | 0.0 |
| S | 23.7 | Bronx River Greenway | 1.6 |
| BR | 25.3 | and follow path over bridge | 0.5 |
| <u>^</u> | 25.8 | Low bridge | 0.4 |
| | 26.2 | Cross 2 streets TRO Bronx River Greenway | 2.9 |
| | 29.1 | Cross 2 streets TRO Bronx River Greenway | 0.1 |
| QR | 29.2 | Turn right | 0.0 |
| QL | 29.2 | Turn left | 0.4 |
| BL | 29.6 | Keep left | 0.2 |
| R | 29.9 | Palmer Road. You may go at your own pace but stop at the 3rd traffic signal Mile Square Rd where we will compress. | 1.3 |
| L | 31.1 | Mile Square Road | 0.1 |
| R | 31.3 | South County Trailway | 2.9 |
| S | 34.2 | Putnam Greenway | 1.3 |
| R | 35.6 | gravel path | 0.0 |
| QR | 35.6 | Turn right | 0.1 |
| PIT | 35.7 | Turn sharp left to finish at Van Cortlandt Park Nature Center | 0.1 |
| | 35.9 | End of route | |