

| Go         | At          | On   | For        |
|------------|-------------|--|------------|
|            | 0.0         | Start of route   | 0.0        |
| <b>PIT</b> | <b>0.0</b>  | <b>From 242nd St proceed north on Broadway bike lane</b>       | <b>1.4</b> |
| <b>L</b>   | <b>1.4</b>  | <b>W 261st St</b>  | <b>0.5</b> |
| <b>L</b>   | <b>1.9</b>  | <b>W 261st St turns slightly left and becomes Palisade Ave</b> | <b>0.6</b> |
| <b>S</b>   | <b>2.6</b>  | <b>walking path through park</b>                               | <b>0.5</b> |
| <b>L</b>   | <b>3.1</b>  | <b>Jog left right onto Palisade Ave</b>                        | <b>1.4</b> |
| <b>S</b>   | <b>4.5</b>  | <b>Johnson Ave</b>   | <b>0.6</b> |
| <b>S</b>   | <b>5.1</b>  | <b>Irwin Ave</b>   | <b>0.1</b> |
| <b>R</b>   | <b>5.2</b>  | <b>W 230th St</b>  | <b>0.3</b> |
| <b>PIT</b> | <b>5.4</b>  | <b>Restroom</b>  | <b>0.1</b> |
| <b>BL</b>  | <b>5.5</b>  | <b>Exterior St</b>   | <b>0.2</b> |
| <b>L</b>   | <b>5.8</b>  | <b>W 225th St</b>  | <b>0.1</b> |
| <b>QR</b>  | <b>5.8</b>  | <b>Bailey Ave</b>  | <b>0.6</b> |
| <b>S</b>   | <b>6.4</b>  | <b>Sedgwick Ave</b>  | <b>2.2</b> |
| <b>L</b>   | <b>8.5</b>  | <b>Sedgwick Ave turns left and becomes W 167th St</b>          | <b>0.2</b> |
| <b>R</b>   | <b>8.8</b>  | <b>Ogden Ave</b>   | <b>0.6</b> |
| <b>L</b>   | <b>9.3</b>  | <b>Jerome Ave</b>  | <b>0.2</b> |
| <b>R</b>   | <b>9.5</b>  | <b>Macombs Dam Bridge</b>                                      | <b>0.1</b> |
| <b>L</b>   | <b>9.6</b>  | <b>E 161 St</b>  | <b>0.1</b> |
| <b>QR</b>  | <b>9.7</b>  | <b>Macombs Dam Park</b>  | <b>0.1</b> |
| <b>QR</b>  | <b>9.8</b>  | <b>ramp to rest room</b>                                       | <b>0.2</b> |
| <b>PIT</b> | <b>9.9</b>  | <b>Restroom</b>  | <b>0.2</b> |
| <b>R</b>   | <b>10.1</b> | <b>at bottom of ramp</b>                                       | <b>0.1</b> |
| <b>L</b>   | <b>10.2</b> | <b>E 153rd St</b>  | <b>0.3</b> |
| <b>R</b>   | <b>10.6</b> | <b>Walton Ave</b>  | <b>0.6</b> |
| <b>L</b>   | <b>11.2</b> | <b>Jog left right onto crosswalk across East 138th St</b>      | <b>0.0</b> |
| <b>QL</b>  | <b>11.2</b> | <b>East 138th Street</b>                                       | <b>0.7</b> |
| <b>R</b>   | <b>12.0</b> | <b>Brook Ave</b>   | <b>0.3</b> |
| <b>L</b>   | <b>12.3</b> | <b>E 132nd St</b>  | <b>0.7</b> |
| <b>L</b>   | <b>12.9</b> | <b>132nd St turns left and becomes Locust Ave</b>              | <b>0.5</b> |
| <b>L</b>   | <b>13.4</b> | <b>Locust Ave turns left and becomes E 141st St</b>            | <b>0.2</b> |
| <b>R</b>   | <b>13.6</b> | <b>Bruckner Blvd protected bike lane</b>                       | <b>0.4</b> |
| <b>R</b>   | <b>14.0</b> | <b>E 149th St</b>  | <b>0.3</b> |
| <b>L</b>   | <b>14.3</b> | <b>E 149th St turns left and becomes Oak Point Ave</b>         | <b>0.3</b> |
| <b>R</b>   | <b>14.7</b> | <b>TRO Oak Point Ave</b>                                       | <b>0.5</b> |

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| <b>R</b>   | <b>15.2</b> | <b>Tiffany St</b>  | <b>0.2</b> |
| <b>L</b>   | <b>15.4</b> | <b>Tiffany St turns left and becomes Viele Ave</b>                                   | <b>0.0</b> |
| <b>PIT</b> | <b>15.5</b> | <b>Restroom</b>  | <b>0.1</b> |
| <b>R</b>   | <b>15.6</b> | <b>Manida St</b>   | <b>0.1</b> |
| <b>L</b>   | <b>15.7</b> | <b>Manida St turns left and becomes Ryawa Ave</b>                                    | <b>0.4</b> |
| <b>S</b>   | <b>16.1</b> | <b>Food Center Dr</b>  | <b>0.4</b> |
| <b>S</b>   | <b>16.4</b> | <b>bike lane</b>   | <b>0.9</b> |
| <b>R</b>   | <b>17.4</b> | <b>Halleck St</b>  | <b>0.5</b> |
| <b>S</b>   | <b>17.9</b> | <b>Edgewater Rd</b>  | <b>0.5</b> |
| <b>R</b>   | <b>18.3</b> | <b>Bruckner Blvd sidewalk</b>  | <b>0.1</b> |
| <b>R</b>   | <b>18.5</b> | <b>Bronx River Ave</b>   | <b>0.1</b> |
| <b>L</b>   | <b>18.6</b> | <b>Bronx River Ave turns left and becomes Story Ave</b>                              | <b>0.1</b> |
| <b>QR</b>  | <b>18.7</b> | <b>Colgate Ave</b>   | <b>0.1</b> |
| <b>L</b>   | <b>18.8</b> | <b>Colgate Ave turns left and becomes Lafayette Ave</b>                              | <b>0.1</b> |
| <b>QR</b>  | <b>18.9</b> | <b>into Soundview Field House</b>  | <b>0.0</b> |
| <b>PIT</b> | <b>19.0</b> | <b>Restroom</b>  | <b>0.0</b> |
| <b>QR</b>  | <b>19.0</b> | <b>Turn right</b>  | <b>0.1</b> |
| <b>QL</b>  | <b>19.1</b> | <b>Turn left</b>   | <b>0.8</b> |
| <b>R</b>   | <b>19.9</b> | <b>Turn right</b>  | <b>0.6</b> |
| <b>R</b>   | <b>20.5</b> | <b>Leland Ave</b>  | <b>0.3</b> |
| <b>S</b>   | <b>20.8</b> | <b>Bronx River Ave</b>   | <b>0.1</b> |
| <b>R</b>   | <b>20.9</b> | <b>Shore Haven Bikepath</b>  | <b>0.1</b> |
| <b>⚠</b>   | <b>21.0</b> | <b>Stay on center of path. Be careful on gravel. Do not ride on grass.</b>           | <b>0.4</b> |
| <b>R</b>   | <b>21.4</b> | <b>Soundview Ave</b>   | <b>0.1</b> |
| <b>QR</b>  | <b>21.5</b> | <b>Clason Point Park</b>   | <b>0.1</b> |
| <b>BR</b>  | <b>21.6</b> | <b>TRO Clason Point Park</b>   | <b>0.2</b> |
| <b>S</b>   | <b>21.8</b> | <b>Cornell Ave.</b>  | <b>0.1</b> |
| <b>BR</b>  | <b>21.9</b> | <b>Soundview Ave</b>   | <b>0.0</b> |
| <b>BR</b>  | <b>22.0</b> | <b>Stephens Ave</b>  | <b>0.3</b> |
| <b>R</b>   | <b>22.2</b> | <b>Pugsley Creek Park</b>  | <b>0.9</b> |
| <b>BR</b>  | <b>23.1</b> | <b>Castle Hill Park</b>  | <b>0.3</b> |
| <b>S</b>   | <b>23.4</b> | <b>Castle Hill Ave</b>   | <b>0.1</b> |
| <b>QR</b>  | <b>23.5</b> | <b>Zerega Ave</b>  | <b>1.1</b> |
| <b>R</b>   | <b>24.6</b> | <b>Bruckner Blvd sidewalk</b>  | <b>0.1</b> |
| <b>R</b>   | <b>24.7</b> | <b>Brush Ave</b>   | <b>0.3</b> |
| <b>L</b>   | <b>25.0</b> | <b>Lafayette Ave</b>   | <b>0.1</b> |
|            | <b>25.1</b> | <b>Lunch pickup at Throggs Neck Shopping Center then turn right on Lafayette Ave</b> | <b>0.0</b> |

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| <b>Uturn</b> | 25.1 | U-turn at crosswalk                            | 0.1 |
| <b>L</b>     | 25.3 | Brush Ave                                      | 0.6 |
| <b>BR</b>    | 25.9 | into Ferry Point Park                          | 0.1 |
| <b>BR</b>    | 26.0 | Keep right                                     | 0.4 |
| <b>BL</b>    | 26.3 | Slight left                                    | 0.0 |
| <b>QR</b>    | 26.4 | Hutchinson River Pkwy Service Road             | 0.1 |
| <b>R</b>     | 26.5 | into Bally Golf Links                          | 0.0 |
| <b>QR</b>    | 26.5 | Turn right                                     | 0.0 |
| <b>BR</b>    | 26.5 | Keep right                                     | 0.3 |
| <b>L</b>     | 26.8 | Turn left                                      | 0.4 |
| <b>R</b>     | 27.3 | Emerson Ave                                    | 0.1 |
| <b>QL</b>    | 27.3 | Emerson Ave turns left and becomes Schurz Ave  | 1.0 |
| <b>R</b>     | 28.3 | Pennyfield Ave                                 | 0.6 |
| <b>L</b>     | 28.9 | Erben Ave                                      | 0.6 |
| <b>S</b>     | 29.5 | Hanus St                                       | 0.3 |
| <b>S</b>     | 29.8 | Shepard Ave                                    | 0.3 |
| <b>R</b>     | 30.0 | Crowninshield St                               | 0.1 |
| <b>L</b>     | 30.1 | Erben Ave                                      | 0.3 |
| <b>R</b>     | 30.5 | Pennyfield Ave                                 | 0.8 |
| <b>S</b>     | 31.3 | Lawton Ave                                     | 0.1 |
| <b>QL</b>    | 31.4 | Throgs Neck Service Road                       | 0.6 |
| <b>R</b>     | 32.0 | Schley Ave                                     | 0.2 |
| <b>L</b>     | 32.1 | Schley Ave turns left and becomes Clarence Ave | 0.4 |
| <b>R</b>     | 32.6 | Lafayette Ave                                  | 0.1 |
| <b>QL</b>    | 32.7 | Lafayette Ave turns left and becomes Shore Dr  | 0.2 |
| <b>S</b>     | 32.8 | Stadium Ave                                    | 0.9 |
| <b>S</b>     | 33.8 | Continue into Pelham Bay Park                  | 0.1 |
| <b>BL</b>    | 33.9 | Keep left                                      | 0.0 |
| <b>BR</b>    | 33.9 | Keep right                                     | 0.2 |
| <b>PIT</b>   | 34.1 | Restroom                                       | 0.0 |
| <b>BR</b>    | 34.1 | Keep right                                     | 0.1 |
| <b>BR</b>    | 34.2 | Keep right                                     | 0.3 |
| <b>R</b>     | 34.5 | Pelham Greenway                                | 0.4 |
| <b>S</b>     | 34.9 | Shore Rd Greenway                              | 0.3 |
| <b>BR</b>    | 35.2 | City Island Greenway                           | 1.1 |
| <b>S</b>     | 36.3 | City Island Ave                                | 0.9 |
| <b>L</b>     | 37.2 | Fordham St                                     | 0.1 |
| <b>L</b>     | 37.3 | King Ave                                       | 0.2 |

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| <b>L</b>   | 37.5 | Ditmars St                                     | 0.0 |
| <b>QR</b>  | 37.5 | King Ave                                       | 0.2 |
| <b>L</b>   | 37.7 | Beach St                                       | 0.0 |
| <b>QR</b>  | 37.8 | Minnieford Ave                                 | 0.3 |
| <b>L</b>   | 38.1 | Bridge St                                      | 0.1 |
| <b>QR</b>  | 38.2 | City Island Ave                                | 0.3 |
| <b>S</b>   | 38.5 | City Island Greenway                           | 0.5 |
| <b>S</b>   | 39.0 | Orchard Beach Greenway                         | 0.5 |
| <b>R</b>   | 39.5 | Turn right                                     | 0.0 |
| <b>QR</b>  | 39.6 | Turn right                                     | 0.1 |
| <b>BL</b>  | 39.6 | Slight left                                    | 0.1 |
| <b>QL</b>  | 39.7 | Boardwalk                                      | 0.1 |
| <b>PIT</b> | 39.8 | Restroom                                       | 0.1 |
| <b>L</b>   | 39.9 | Turn left                                      | 0.1 |
| <b>L</b>   | 40.0 | Turn left                                      | 0.1 |
| <b>BR</b>  | 40.1 | Orchard Beach Greenway                         | 0.6 |
| <b>R</b>   | 40.7 | Turn right                                     | 0.6 |
| <b>S</b>   | 41.3 | crosswalk                                      | 0.0 |
| <b>QR</b>  | 41.4 | and pass stables                               | 0.3 |
| <b>S</b>   | 41.7 | crosswalk                                      | 0.0 |
| <b>QL</b>  | 41.7 | Hutchinson River Greenway                      | 1.0 |
| <b>L</b>   | 42.7 | Turn left                                      | 0.1 |
| <b>QR</b>  | 42.8 | and cross Bartow Ave                           | 0.0 |
| <b>QL</b>  | 42.8 | Bartow Ave                                     | 0.1 |
| <b>R</b>   | 43.0 | Co Op City Blvd                                | 0.8 |
| <b>R</b>   | 43.8 | Peartree Ave                                   | 0.2 |
| <b>S</b>   | 43.9 | Conner St                                      | 0.1 |
| <b>QR</b>  | 44.0 | Tillotson Ave (after Taco Bell)                | 0.4 |
| <b>R</b>   | 44.4 | Hutchinson Ave                                 | 0.1 |
| <b>QR</b>  | 44.5 | Pinkney Ave                                    | 0.0 |
| <b>S</b>   | 44.6 | E 233rd St                                     | 1.0 |
| <b>R</b>   | 45.5 | Baychester Ave                                 | 0.9 |
| <b>S</b>   | 46.5 | E 241st St                                     | 0.4 |
| <b>L</b>   | 46.8 | Carpenter Ave, stay on right and use crosswalk | 0.4 |
| <b>R</b>   | 47.3 | Nereid Ave                                     | 0.3 |
| <b>S</b>   | 47.5 | McLean Ave                                     | 0.1 |
| <b>L</b>   | 47.7 | E 241st St                                     | 0.3 |
| <b>L</b>   | 47.9 | Van Cortlandt Park E                           | 0.6 |
| <b>R</b>   | 48.6 | E 233rd St                                     | 0.2 |
| <b>L</b>   | 48.7 | Jerome Ave                                     | 0.9 |
| <b>R</b>   | 49.7 | W Gun Hill Rd                                  | 0.3 |

| <b>Go</b> | <b>At</b> | <b>On</b>   | <b>For</b> |
|-----------|-----------|---|------------|
|           | 50.0      | Cross Mosholu Parkway and turn right onto Van Cortlandt Park Greenway | 0.5        |
| <b>BL</b> | 50.5      | Keep left   | 0.4        |
| <b>R</b>  | 50.8      | and go under bridge toward 242nd St & Broadway                        | 0.3        |
|           | 51.1      | End of route  |            |