Go	At	On	For
	0.0	Start of route	0.0
PIT	0.0	From 242nd Street and Broadway	1.7
	0.0	follow paths to Putnam Greenway	1.7
S	1.7	South County Trailway	3.2
R	4.9	Palmer Road approach	0.1
S	5.0	Kingston Avenue	0.0
BR	5.1	Palmer Road	1.1
L	6.2	Walk across Palmer Avenue at	0.2
		crosswalk and continue onto	
		Bronx River Greenway	
L	6.3	Pondfield Road West sidewalk	0.0
QR	6.3	Bronx River Greenway	0.4
R	6.8	Turn right	0.0
QL	6.8	Turn left	0.1
	6.9	Cross 2 streets TRO Bronx River	1.3
		Greenway	
BL	8.2	Keep left	0.2
BL	8.3	Keep left	1.5
	9.8	Cross 2 streets TRO Bronx River	0.4
	10.0	Greenway	
L	10.2	Low bridge	0.5
L	10.7	TRO Bronx River Greenway Fenimore Road	1.6 0.2
PIT	12.3		0.2
PII	12.5	Rest stop and lunch pickup then U-turn	0.1
L	12.6	Greenacres Avenue	0.2
L	12.8	Turn sharp left onto Bronx River	0.0
		Greenway	
QL	12.8	TRO Bronx River Greenway	1.7
BL	14.5	Keep left	0.3
BL	14.8	Keep left	0.2
L	15.1	to cross at crosswalk	0.0
QR	15.1	TRO Bronx River Greenway	1.0
L	16.1	Turn left	1.7
R	17.8	Park Drive East	0.1
PIT	18.0	Kensico Dam Plaza picnic area	0.2
	10.0	and rest rooms	0.1
R	18.2	Park Drive East	0.1
L	18.3	Bronx River Greenway	1.7
R	20.1	Turn right	1.0
L	21.1	to cross at crosswalk	0.0
QR	21.1	TRO Bronx River Greenway	0.2
BR	21.3	Keep right	2.0

Route #	#39750192
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Go	At	On	For
BR	23.3	Bronx River Greenway	0.0
S	23.3	Fountain Lane Terrace	0.0
BR	23.4	Bronx River Greenway	0.1
R	23.5	Fenimore Road	0.0
QL	23.5	Greenacres Avenue	0.0
S	23.5	Bronx River Greenway	1.6
BR	25.1	and follow path over bridge	0.5
	25.7	Low bridge	0.4
	26.0	Cross 2 streets TRO Bronx River Greenway	2.9
	29.0	Cross 2 streets TRO Bronx River Greenway	0.1
QR	29.0	Turn right	0.0
QL	29.1	Turn left	0.4
BL	29.4	Keep left	0.2
R	29.7	Palmer Road. You may go at your own pace but stop at the 3rd traffic signal Mile Square Rd where we will compress.	1.3
L	31.0	Mile Square Road	0.1
R	31.1	South County Trailway	2.9
S	34.0	Putnam Greenway	1.3
R	35.4	gravel path	0.0
QR	35.4	Turn right	0.1
PIT	35.5	Turn sharp left to finish at Van Cortlandt Park Nature Center	0.1
	35.7	End of route	