

Go	At	On	For
	0.0	Start of route	0.0
	0.0	Proceed south on Arthur Avenue	0.3
L	0.3	Turn sharp left onto East 182nd Street	0.3
R	0.6	Crotona Avenue	1.4
S	1.9	Prospect Avenue	1.2
R	3.1	E 156th St	0.4
L	3.5	St Ann's Ave	1.2
L	4.8	East 132nd Street	0.4
R	5.2	Randall's Island Connector	0.7
R	5.9	Turn right	0.0
QL	5.9	Central Road	0.0
BR	5.9	Keep right	0.0
QL	6.0	Turn sharp left onto Central Road	0.3
L	6.2	Hell Gate Circle	0.0
QL	6.3	Turn left	0.0
QR	6.3	Hell Gate Greenway Path	1.4
L	7.6	Wards Island Bridge	0.2
L	7.9	East River Greenway approach	0.1
QR	7.9	East River Greenway	1.1
R	9.0	Gracie Square	0.0
PIT	9.1	Restroom	0.0
QL	9.1	East End Avenue	0.1
QR	9.1	East 83rd Street	0.4
L	9.6	2nd Avenue protected bike lane	4.1
S	13.7	Chrystie Street protected bike lane	0.6
L	14.3	Canal Street protected bike lane	0.0
QR	14.3	and cross Canal St onto Manhattan Bridge path	1.3
	15.7	Jay St & Sands St	0.0
	15.7	End of route	